

CLIPBOARDS.com

JUNE 2018

About Clipboards.com:

Clipboards.com designs, manufactures, and resells the best clipboards and clipboard accessories for anyone needing a solid writing surface. We carry a variety of clipboard sizes and styles to fit all your clipboard needs that can be used for a variety of jobs. Many busy professionals use our clipboards in a variety of ways including on-the-job in construction, healthcare professionals, field study, automotive garages, office tasks and more. Browse through our catalog and see what we have to offer!

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Product Key:



Batteries Included



Made in the USA



Available Product Colors



Customizable (see page 25)



Available Product Displays (see page 24)



Engravable

1 ISO Clips

The patented ISO Clip is for use with any ISO Clipboard and is a great way to store your writing instrument.

ISO Clip Features:

- Flexible plastic construction that holds standard-sized writing instruments
- Available in two packs at a discount

Black Model **9034-BLK**
White Model **9034-WHI**

Blue Model **9034-BLUE**

MSRP	10-49	50-99	100+
\$3.95	\$3.35	\$3.15	\$2.95

2 ISO Bands

The exclusive elastic rubber ISO Band comes in two sizes to fit most ISO Clipboards and helps secure and protect your notes, documents and other papers.

Standard size for use only with full-size clipboards:

Pink Model **9043-PINK**
Clear Model **9043-CLR**
Black Model **9043-BLK**

Petite size for use with Petite clipboards:

Pink Model **9044-PINK**
Clear Model **9044-CLR**
Black Model **9044-BLK**

MSRP	10-49	50-99	100+
\$4.95	\$4.20	\$3.95	\$3.70

3 Vertical and Mini Clipboard Pen Clips

Similar to the ISO Clip, this pen clip fits on our vertical clipboards and mini clipboards.

Black Model **9036-BLK**
White Model **9036-WHI**
Blue Model **9036-BLUE**

MSRP	10-49	50-99	100+
\$3.95	\$3.35	\$3.15	\$2.95

4 Clip-on Hanger Tag

This hanger tag clips on to our ISO and WhiteCoat full-size clipboards for easy storage and viewing of your information.

Model **9033**

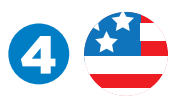
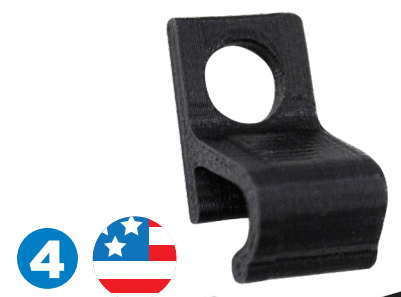
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

5 Clipboard ID Tag

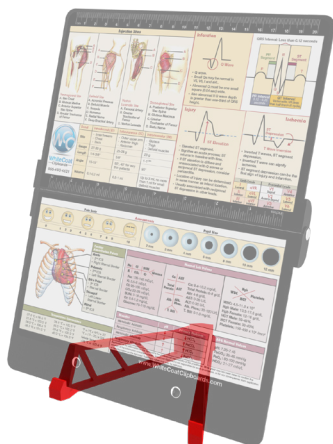
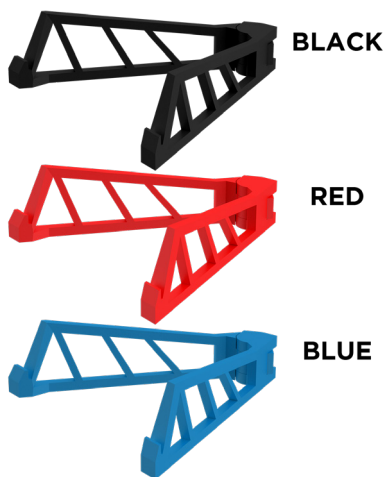
Use the Clipboard ID Tag on any clipboard for easy identification and sorting. Made of durable Medium-Density-Fiberboard (MDF) with a whiteboard finish. The aluminum clip on the back side provides versatility and stability for placement on any clipboard, folder or catalogs.

Model **6081**

MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50



1 



1 Clipboard Stand

This plastic stand can hold clipboards upright, sideways or backwards to display the medical information on WhiteCoat Clipboards. Folds in half for compact carrying and storage!

Black **9048-BLK**
 Red **9048-RED**
 Blue **9048-BLU**

MSRP	10-49	50-99	100+
\$9.99	\$8.50	\$7.99	\$7.50

2 Tablet Stand

This plastic stand can hold tablets upright or sideways to display the screen without having to hold it. Folds in half for compact carrying and storage!

Black **9050-BLK**
 Red **9050-RED**
 Blue **9050-BLU**

MSRP	10-49	50-99	100+
\$9.99	\$8.50	\$7.99	\$7.50

3 Clip-on Pen Holder Loop

The Clip-on Pen Holder Loop attaches to our Clipboards to keep you organized. The Clip-on Pen Holder Loop may be repositioned easily and placed anywhere on the edges of our Clipboards.

Silver **9031-SIL**
 Gold **9031-GOLD**
 Black **9031-BLK**

MSRP	10-49	50-99	100+
\$3.95	\$3.35	\$3.15	\$2.95

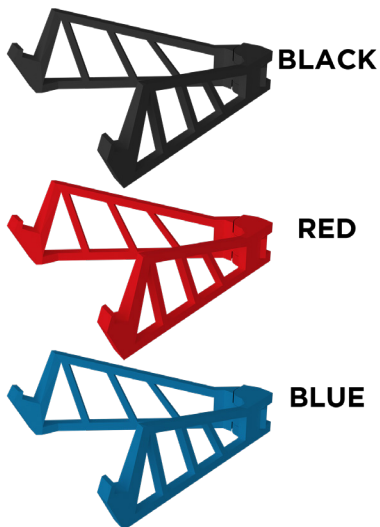
4 Stick-on Pen Holder Loop

The Stick-on Pen Holder Loop is our pen/pencil clip that attaches to any of our Clipboards to keep you organized. Designed specifically for use with any of our Clipboards, this clip is a great way to store your writing instrument without losing it.

Red **9032-RED**
 Black **9032-BLK**
 Gold **9032-GOLD**
 Blue **9032-BLU**

MSRP	10-49	50-99	100+
\$3.95	\$3.35	\$3.15	\$2.95

2 



3



4



1 Clipboard Booklights

Great for use in patient rooms and nightly rounds, this clipboard light has a bright LED blue and flexible multi-position head. Clips to books or any of our aluminum clipboards.

Pink Model **6086-PINK** Purple Model **6086-PUR**
 White Model **6086-WHI** Blue Model **6086-BLU**
 Black Model **6086-BLK** Green Model **6086-GRN**

MSRP	10-49	50-99	100+
\$4.95	\$4.20	\$3.95	\$3.70



2 Calculator Clips

Add a calculator clip to your clipboard or use it as a magnet wall clip to secure your documents.

Purple Model **6084-PUR** Green Model **6084-GRN**
 Clear Model **6084-CLR** Blue Model **6084-BLU**
 Red Model **6084-RED**

MSRP	10-49	50-99	100+
\$3.75	\$3.19	\$3.00	\$2.82



3 Nano ISO Clipboard

The Nano ISO is our smallest folding clipboard that will fit in any pocket while still protecting your documents. Great for carrying business cards! One notepad included.

Folded size: 2.875" L x 4.375" W Unfolded size: 5.75" L x 4.75" W

Black **7064** Orange **706433**
 Silver **706432** Red **706428**
 White **706426** Pink **706427**
 Blue **706425** Lilac **706430**
 Green **706434** Wine **706429**
 Teal **706435** Lime Green **706436**
 Yellow **706431**

MSRP	10-49	50-99	100+
\$12.95	\$11.00	\$10.35	\$9.70

Blackout Model **70640**

\$13.95	\$11.86	\$11.16	\$10.47
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4 Mini ISO Clipboard

The Mini ISO Clipboard is identical to our full size ISO Clipboard, just 1/2 the size. Made of lightweight aluminum with a black powder coating, this clipboard is great for quick lists or smaller tasks. One notepad included.

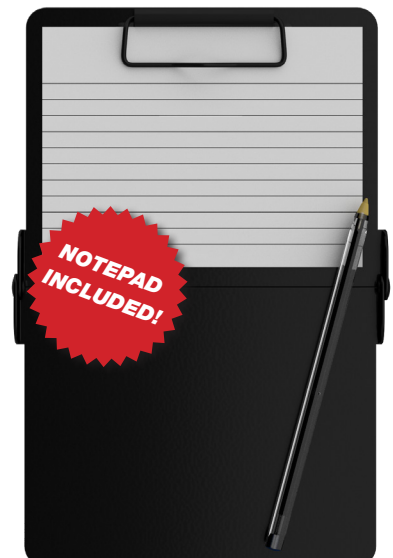
Folded size: 4.375" L x 5.5" W Unfolded size: 8.75" L x 5.5" W

Black **7065** Orange **706533**
 Silver **706532** Red **706528**
 White **706526** Pink **706527**
 Blue **706525** Lilac **706530**
 Green **706534** Wine **706529**
 Teal **706535** Lime Green **706536**
 Yellow **706531**

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70

Blackout Model **70650**

\$17.95	\$15.26	\$14.36	\$13.47
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Available Colors:





1 Mini Novel ISO Clipboard

The Mini Novel ISO Clipboard is the same size as the Mini ISO clipboard, but has a side-oriented clip. This clipboard is great for quick lists or smaller tasks. One notepad included.

Unfolded size: 5.5" L x 8.75" W

Folded size: 5.5" L x 4.375" W

Black 7069	Orange 706933
Silver 706932	Red 706928
White 706926	Pink 706927
Blue 706925	Lilac 706930
Green 706934	Wine 706929
Teal 706935	Lime Green 706936
Yellow 706931	

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70
Blackout Model 70690			
\$17.95	\$15.26	\$14.36	\$13.47

2 Folding Server ISO Clipboard

The Folding Server ISO Clipboard is 1/2 the size of the ISO Clipboard. Made of lightweight aluminum with black powder coating, this clipboard is great for quick lists or smaller tasks. Fold this clipboard in half for easy storage and transport of your notes and small documents. One notepad included.

Unfolded size: 11.5" L x 4.375" W

Folded size: 5.75" L x 4.375" W

Black 7066	Orange 706633
Silver 706632	Red 706628
White 706626	Pink 706627
Blue 706625	Lilac 706630
Green 706634	Wine 706629
Teal 706635	Lime Green 706636
Yellow 706631	

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70
Blackout Model 70660			
\$17.95	\$15.26	\$14.36	\$13.47

3 Folding Memo ISO Clipboard

Same size and design as our WhiteCoat clipboards, the Novel ISO can carry a 5" x 8" notepad with a side clip. The Novel is a full size folding clipboard with one notepad included.

Unfolded size: 8.75" L x 11.5" W

Folded size: 8.75" L x 5.75" W

Black 7067	Orange 706733
Silver 706732	Red 706728
White 706726	Pink 706727
Blue 706725	Lilac 706730
Green 706734	Wine 706729
Teal 706735	Lime Green 706736
Yellow 706731	

MSRP	10-49	50-99	100+
\$25.95	\$22.06	\$20.76	\$19.47
Blackout Model 70670			
\$26.95	\$22.91	\$21.56	\$20.22



1 Folding Ledger ISO Clipboard

The Folding Ledger ISO Clipboard is a one-of-a-kind patented folding clipboard made of lightweight aluminum. This clipboard is designed for anyone needing a solid writing surface and the ability to conceal their documents by folding the clipboard in half for easy storage and carrying. Designed to withstand daily use and abuse, this clipboard can hold up to 30 pieces of paper without creasing your documents and at the same time provide a level of security not found by other clipboards.

Unfolded size: 17.5" W x 11.5"H
Folded size: 8.75" W x 11.5" H

Right Folding Ledger

Black **7092-R** Wine **709229-R**
Silver **709232-R**

Left Folding Ledger

Black **7092-L** Wine **709229-L**
Silver **709232-L**

MSRP	10-49	50-99	100+
\$25.95	\$22.06	\$20.76	\$19.47



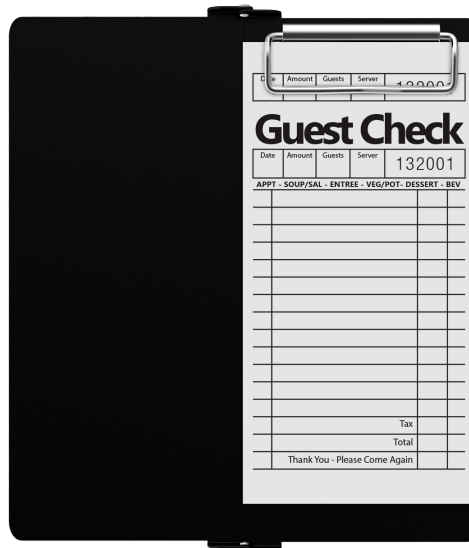
2 Guest Check ISO Clipboard

This folding ISO Clipboard is great for all those guest checkout slips used by waiters and waitresses at restaurants, service professionals at auto shops, food service, retail outlets and more. The secure folding design of our Guest Checkout ISO Clipboard protects your documents, while at the same time, the lightweight construction makes it easy to use, store, and stay organized. Now you can carry a full-size guest checkout pad inside this clipboard, fold it in half to protect your documents, and take it with you.

Unfolded size: 3.875" L x 7.125" H x 0.5"
Folded size: 7.5" W x 7.5" H

Black **7091** Silver **709132**

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70



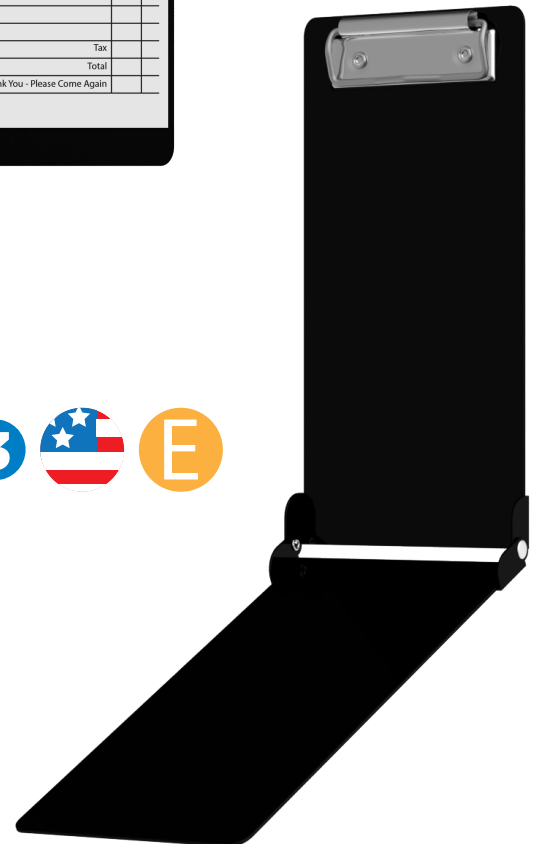
3 Ticket Book ISO Clipboard

The Ticket Book ISO Clipboard is our longest folding clipboard and is perfectly coated with black powder coating. Made from sturdy aluminum this clipboard is perfect for holding tickets, notes or lists and is ideal for anyone needing a small and easy to carry writing surface. The Ticket Book ISO Clipboard works perfectly for officers, city workers and anyone in the service industry.

Unfolded size: 3.75" L x 15.5" W x 0.1" H
Folded size: 3.75" W x 7.75" L x 0.5" H

Black **7090** Silver **709032**

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70





1 ISO Clipboards

The unique design of the full-size ISO Clipboard allows it to fold in half for easy storage. Carry any letter size paper without worry of losing your data.

Unfolded size: 11.5" L x 8.75" W
Folded size: 5.75" L x 8.75" W

ISO Clipboard features:

- Full size design that folds to 1/2" thickness
- Lightweight aluminum construction
- The ability to hold 15 pieces of paper without creasing
- A clip to secure all of your documents

Black 7024	Orange 7033
Silver 7032	Red 7028
White 7026	Pink 7027
Blue 7025	Lilac 7030
Green 7034	Wine 7029
Teal 7035	Lime Green 7036
Yellow 7031	

Blackout Model **7024BLKO**

MSRP	10-49	50-99	100-249	250-500+
\$24.95	\$21.21	\$19.96	\$18.72	\$18.22

2 Vertical ISO Clipboards

Our Vertical ISO Clipboards offer an alternative to our standard ISO Clipboards - the vertical-fold layout gives you a thinner, but longer folded footprint.

Unfolded size: 11.5" L x 8.75" W
Folded size: 11.5" L x 4.375" W

Black 8024	Orange 8033
Silver 8032	Red 8028
White 8026	Pink 8027
Blue 8025	Lilac 8030
Green 8034	Wine 8029
Teal 8035	Lime Green 8036
Yellow 8031	

MSRP	10-49	50-99	100-249	250-500+
\$23.95	\$20.36	\$19.16	\$17.97	\$17.50

Blackout Model **8024O**

MSRP	10-49	50-99	100+
\$24.95	\$21.21	\$19.96	\$18.72

3 iPad Mini ISO Clipboard

This one-of-a-kind patented folding clipboard made of lightweight aluminum is designed to hold your iPad mini. The iPad mini Clipboard comes with a notepad and will fit your mini to provide the best of both worlds. Fold this clipboard in half to protect your iPad and documents in a protective powder coated aluminum cover for easy storage and carrying.

Unfolded size: 9.625" L x 11.5" W
Folded size: 9.625" L x 5.75" W

Also available with medical labels, see pages 11-18 for more information!

iPad Mini 2-3 Model **[Color Model]-ISOM**
iPad Mini 4 Model **[Color Model]-ISOM4**

MSRP	10-49	50-99	100+
\$34.95	\$29.70	\$27.95	\$26.22

iPad Mini 2-3 Blackout Model **7024O-ISOM**
iPad Mini 4 Blackout Model **7024O-ISOM4**

MSRP	10-49	50-99	100+
\$34.95	\$30.60	\$28.80	\$27.00

1 Basketball ISO Clipboard

The Basketball ISO clipboard is great for planning plays - the rear side has a full basketball court layout on it! The same size and design as our standard ISO clipboards, it is ideal for running half-court or full-court team plays and at the same time hold all your score sheets, rosters, and play book inside. Wet-erase markers work great on this clipboard.

Black 7024-BB	Yellow 7031-BB
Silver 7032-BB	Orange 7033-BB
White 7026-BB	Red 7028-BB
Blue 7025-BB	Pink 7027-BB
Green 7034-BB	Lilac 7030-BB
Lime 7036-BB	Wine 7029-BB
Teal 7035-BB	

MSRP	10-49	50-99	100+
\$28.95	\$24.61	\$23.16	\$21.72

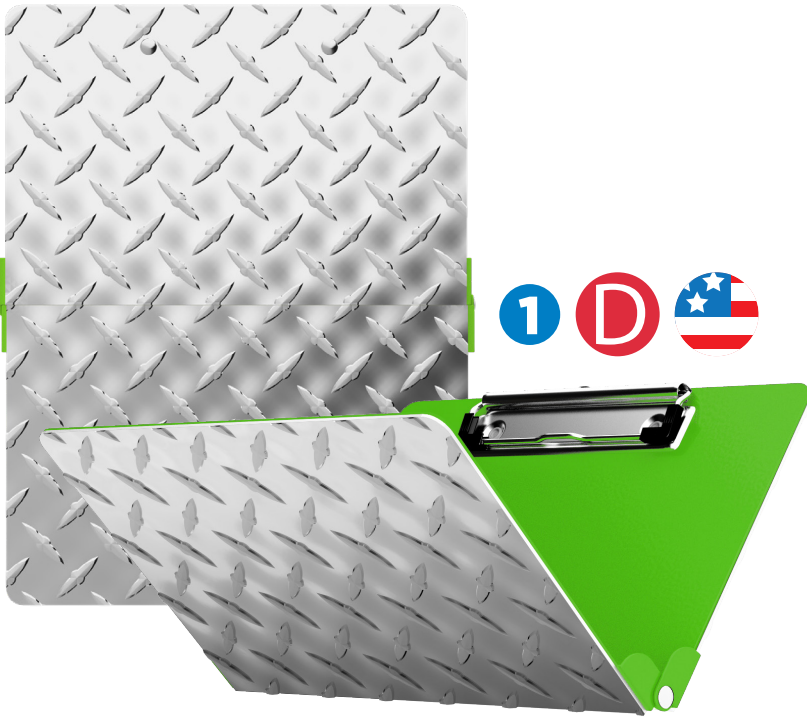
2 Baseball ISO Clipboard

Our Baseball ISO clipboard comes with a baseball-specific field and lineup label. Includes field positions diagram, lineup and substitutes order chart as well as game info. Wet-erase markers work great on this clipboard. The same size and design as our Novel ISO clipboard, the Baseball ISO can carry a 5x8" notepad (not included) with the side clip.

Black 7024-BASE	Yellow 7031-BASE
Silver 7032-BASE	Orange 7033-BASE
White 7026-BASE	Red 7028-BASE
Blue 7025-BASE	Pink 7027-BASE
Green 7034-BASE	Lilac 7030-BASE
Lime 7036-BASE	Wine 7029-BASE
Teal 7035-BASE	

MSRP	10-49	50-99	100+
\$28.95	\$24.61	\$23.16	\$21.72





1 Diamond Plate ISO Clipboards

One of our most luxurious clipboard designs; these will still fold in half to carry all your documents. A sturdy clip and full size letter capability make these a must have for anyone needing a solid writing surface. Great for field work, construction, sales and marketing, or even your own home auto shop.

Unfolded size: 11.5" L x 8.75" W
 Folded size: 5.75" L x 8.75" W

Black 7024-DP	Orange 7033-DP
Silver 7032-DP	Red 7028-DP
White 7026-DP	Pink 7027-DP
Blue 7025-DP	Lilac 7030-DP
Green 7034-DP	Wine 7029-DP
Teal 7035-DP	Lime Green 7036-DP
Yellow 7031-DP	

MSRP	10-49	50-99	100+
\$36.00	\$30.95	\$28.95	\$27.00
Blackout Model 70240-DP			
MSRP	10-49	50-99	100+
\$37.00	\$31.45	\$29.60	\$27.75



2 Double Feature ISO Lapboard Clipboard

This 9"x 16" folding lapboard or lap desk can be used while seated when you don't have a solid writing surface. Each lapboard comes with 2 sturdy clips to hold all your documents and is extremely versatile with a patented folding lightweight design that makes this board easy to store and/or carry. Two notepads included.

Unfolded size: 9.5" L x 16.5" W
 Folded size: 9.5" L x 8.25" W

Black 7068	Orange 706833
Silver 706832	Red 706828
White 706826	Pink 706827
Blue 706825	Lilac 706830
Green 706834	Wine 706829
Teal 706835	Lime Green 706836
Yellow 706831	

MSRP	10-49	50-99	100+
\$27.95	\$23.75	\$22.35	\$20.95
Blackout Model 70680			
\$28.95	\$24.61	\$23.16	\$21.72



3 Storage Clipboard

This full-size storage clipboard flips open to secure 50 sheets of 8.5 x 11-inch letter size paper and locks closed with bottom clasp. This clipboard can even be hung on a wall or any vertical surface with the hanger hole located at the top rear.

Pink 7021-PNK	Black 7021-BLK		
MSRP	10-49	50-99	100+
\$8.99	\$7.64	\$7.19	\$6.74

1 Server 4 X 8 Clipboard

This 4.25" x 9" flat mini clipboard (non-folding) is pocket-size for easy storage and one-handed carrying. Optional hanger tag add-on for hanging on walls or vertical surfaces. One notepad included.

MDF Model **7018**

MSRP	10-49	50-99	100+
\$3.49	\$3.00	\$2.80	\$2.62

HDF Model **7051**

MSRP	10-49	50-99	100+
\$4.49	\$3.82	\$3.60	\$3.37

MDF Butterfly Clip Model **7130**

MSRP	10-49	50-99	100+
\$3.99	\$4.25	\$4.00	\$3.75

HDF Butterfly Clip Model **7131**

MSRP	10-49	50-99	100+
\$4.99	\$5.10	\$4.80	\$4.50

Cherry MDF Model **7124**

Maple MDF Model **7123**

Ebony MDF Model **7125**

Espresso MDF Model **7127**

Red Mahogany MDF Model **7126**

Sedona Red MDF Model **7128**

Cherry MDF Butterfly Clip Model **7133**

Maple MDF Butterfly Clip Model **7134**

Ebony MDF Butterfly Clip Model **7137**

Espresso MDF Butterfly Clip Model **7132**

Red Mahogany MDF Butterfly Clip Model **7135**

Sedona Red MDF Butterfly Clip Model **7136**

MSRP	10-49	50-99	100+
\$6.99	\$5.95	\$5.60	\$5.25

Magnet-Backed Optional Add-on
Add \$1.09

Hanger Tag Optional Add-on
Add \$1.50

2 Chevron Server Clipboards

Our Chevron Server features MDF (medium-density fiberboard) construction is ideal for any small project or duty. The Switchboard model is designed to let you switch the side of your clip with just a screwdriver! While the Butterfly Clip model is a practical option that makes this clipboard easy to hang!

Switchboard Teal & Coral Model **7116**

Switchboard Teal & Copper Model **7117**

Switchboard Silver & Copper Model **7118**

Switchboard Silver & Coral Model **7119**

Silver Butterfly Clip Model **7120**

Teal Butterfly Clip Model **7121**

Copper Butterfly Clip Model **7122**

Coral Butterfly Clip Model **7129**

MSRP	10-49	50-99	100+
\$4.49	\$3.82	\$3.60	\$3.37

Butterfly Clip Version

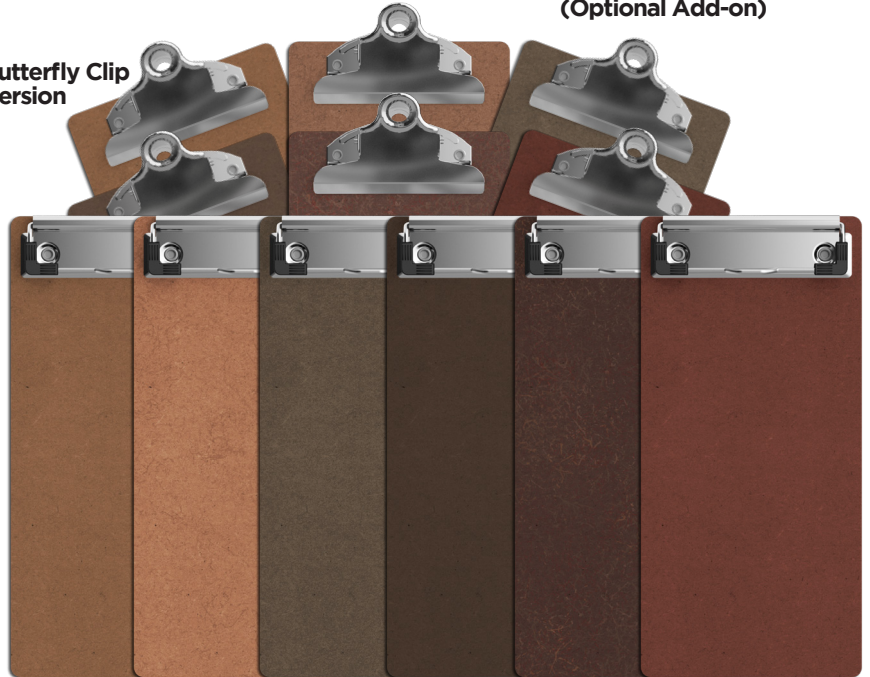


HDF Version

MDF Version

Magnet-backed (Optional Add-on)

Butterfly Clip Version



Cherry

Maple

Ebony

Espresso

Red Mahogany

Sedona Red



Teal & Copper

Teal & Coral



Silver & Copper



Silver & Coral



Aluminum Version **E**

NOTEPAD INCLUDED!



Plastic Version

1



1 Memo Size 8 X 5 Clipboard

This 6" x 9" flat mini clipboard (non-folding) is pocket-size for easy storage and carrying. Like the Essential clipboard, the Memo comes in powder coated Aluminum, Plastic, MDF and HDF varieties. One notepad included with each clipboard.

Aluminum Models:

Black 7063	Orange 706333
Silver 706332	Red 706328
White 706326	Pink 706327
Blue 706325	Lilac 706330
Green 706334	Wine 706329
Teal 706335	Lime Green 706636
Yellow 706331	

MSRP	10-49	50-99	100+
\$10.95	\$9.45	\$8.95	\$8.45

Blackout Model **70630**

MSRP	10-49	50-99	100+
\$11.95	\$10.16	\$9.56	\$8.97

Plastic Models:

Black 7022-BLK	Teal 7022-TEAL
Blue 7022-BLU	Lilac 7022-LIL

MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

MDF & HDF Models:

MDF Model **7019**

MSRP	10-49	50-99	100+
\$3.99	\$3.40	\$3.20	\$3.00

HDF Model **7052**

MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

Cherry MDF Model **7133**

Maple MDF Model **7134**

Ebony MDF Model **7137**

Espresso MDF Model **7132**

Red Mahogany MDF Model **7135**

Sedona Red MDF Model **7136**

MSRP	10-49	50-99	100+
\$7.49	\$6.37	\$6.00	\$5.62

Magnet-Backed Optional Add-on
Add \$1.09

Hanger Tag Optional Add-on
Add \$1.50



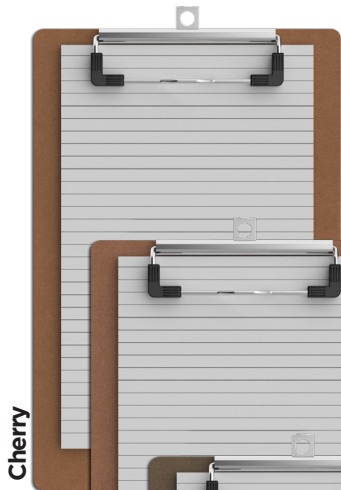
MDF Version



HDF Version



Magnet-backed
(Optional Add-on)



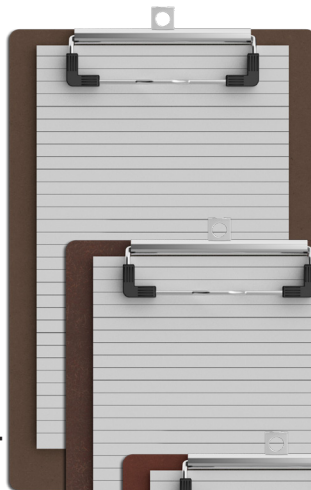
Cherry



Maple



Ebony



Espresso



Red Mahogany



Sedona Red

1 Letter Size 8.5 X 11 Clipboard

This 13" x 9" flat clipboard (non-folding) holds full sheets of 8.5" x 11" paper. This clipboard is available in powder coated Aluminum, Plastic, MDF, and HDF varieties to suit your application and needs. One notepad included with each clipboard.

Aluminum Models:

Black 7062	Orange 706233
Silver 706232	Red 706228
White 706226	Pink 706227
Blue 706225	Lilac 706230
Green 706234	Wine 706229
Teal 706235	Lime Green 706236
Yellow 706231	

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70

Blackout Model 70620			
MSRP	10-49	50-99	100+
\$17.95	\$16.16	\$15.26	\$14.36

Pen holder Models:

Black 70552	Orange 705533
Silver 705532	Red 705528
White 705526	Pink 705527
Blue 705525	Lilac 705530
Green 705534	Wine 705529
Teal 705535	Lime Green 705536
Yellow 705531	

MSRP	10-49	50-99	100+
\$16.95	\$14.40	\$13.50	\$12.70

Plastic Models:

Black 7023-BLK	Teal 7023-TEAL		
Blue 7023-BLU	Lilac 7023-LIL		
MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50

MDF & HDF Models:

MDF Model 7020			
MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

HDF Model 7053			
MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50

Magnet-backed MDF Model 7020M			
MSRP	10-49	50-99	100+
\$6.49	\$5.52	\$5.20	\$4.87

Magnet-backed HDF Model 7053M			
MSRP	10-49	50-99	100+
\$7.49	\$6.37	\$6.00	\$5.32

2 Letter Size Handle Clipboard

This clipboard measures 9" W x 13.75" L and is designed to carry letter size (8.5" x 11") paper, and is sturdy enough to hold in one hand while at the same time providing a solid writing surface for all your needs.

MDF Model 7071			
MSRP	10-49	50-99	100+
\$7.99	\$6.80	\$6.40	\$6.00

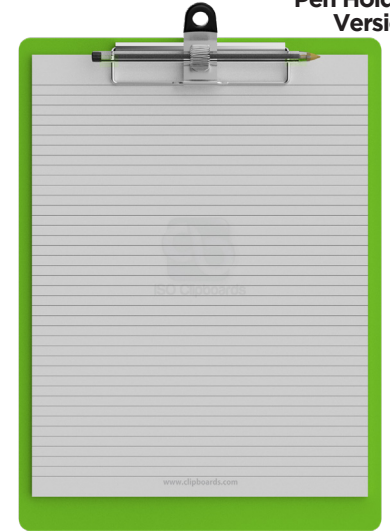
HDF Model 7070			
MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75



Aluminum Version



Pen Holder Version



MDF Version



Plastic Version



HDF Version



Magnet-backed HDF Version



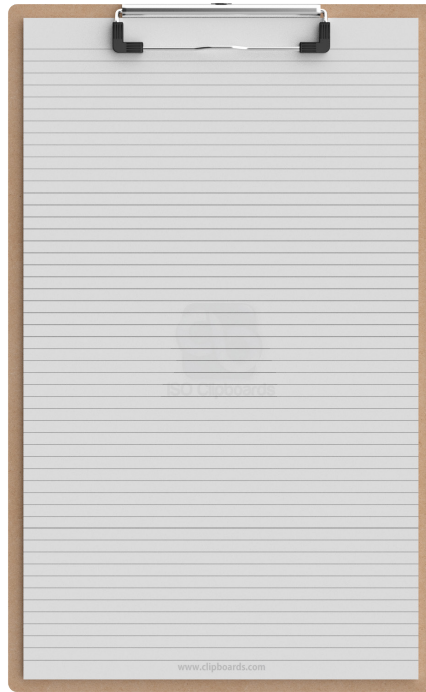
HDF Version



MDF Version



HDF Version



MDF Version

1 Legal Size 8.5 X 14 HDF Clipboard

These 9" x 14.625" flat Medium-Density Fiberboard (MDF) and High-Density Fiberboard (HDF) clipboards hold full sheets of legal-size paper. One notepad included with each clipboard.

MDF Model 7060			
MSRP	10-49	50-99	100+
\$7.99	\$6.80	\$6.40	\$6.00

HDF Model 7050			
MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75

2 Ledger 11 X 17 and 17 X 11 Clipboard

These lightweight Medium-Density Fiberboard (MDF) and High-Density Fiberboard (HDF) clipboards are perfect for larger tasks, taking score at sporting events, or simply having a large flat surface to write. Both are large enough to function as a lapboard.

11x17 (tall) MDF Model 7056

17x11 (wide) MDF Model 7057

MSRP	10-49	50-99	100+
\$9.99	\$8.50	\$7.99	\$7.50

11x17 (tall) HDF Model 7042

17x11 (wide) HDF Model 7043

MSRP	10-49	50-99	100+
\$10.99	\$9.35	\$8.80	\$8.25

3 Sticky Note Clipboard

Our Sticky Note Clipboard features a small sticky note sized design ideal for any small task, duty or reminder.

MDF Model 7072

MSRP	10-49	50-99	100+
\$2.99	\$2.55	\$2.44	\$2.25

HDF Model 7073

MSRP	10-49	50-99	100+
\$3.49	\$2.97	\$2.80	\$2.62



11x17



17x11



HDF Version



MDF Version

1 Ledger Size Handle Clipboard

Our Ledger Size Handle Clipboard is for those larger jobs, projects, tasks, or duties requiring an extended clipboard. Made to carry ledger size (16.5" x 10.5") paper, this clipboard comes standard with a handle that will not interfere with your notes or notepads.

MDF Vertical Model **7083**
MDF Horizontal Model **7081**

MSRP	10-49	50-99	100+
\$14.95	\$12.71	\$11.96	\$11.22

HDF Vertical Model **7082**
HDF Horizontal Model **7080**

MSRP	10-49	50-99	100+
\$15.95	\$13.56	\$12.76	\$11.97

2 13 X 19 and 19 X 13 Clipboard

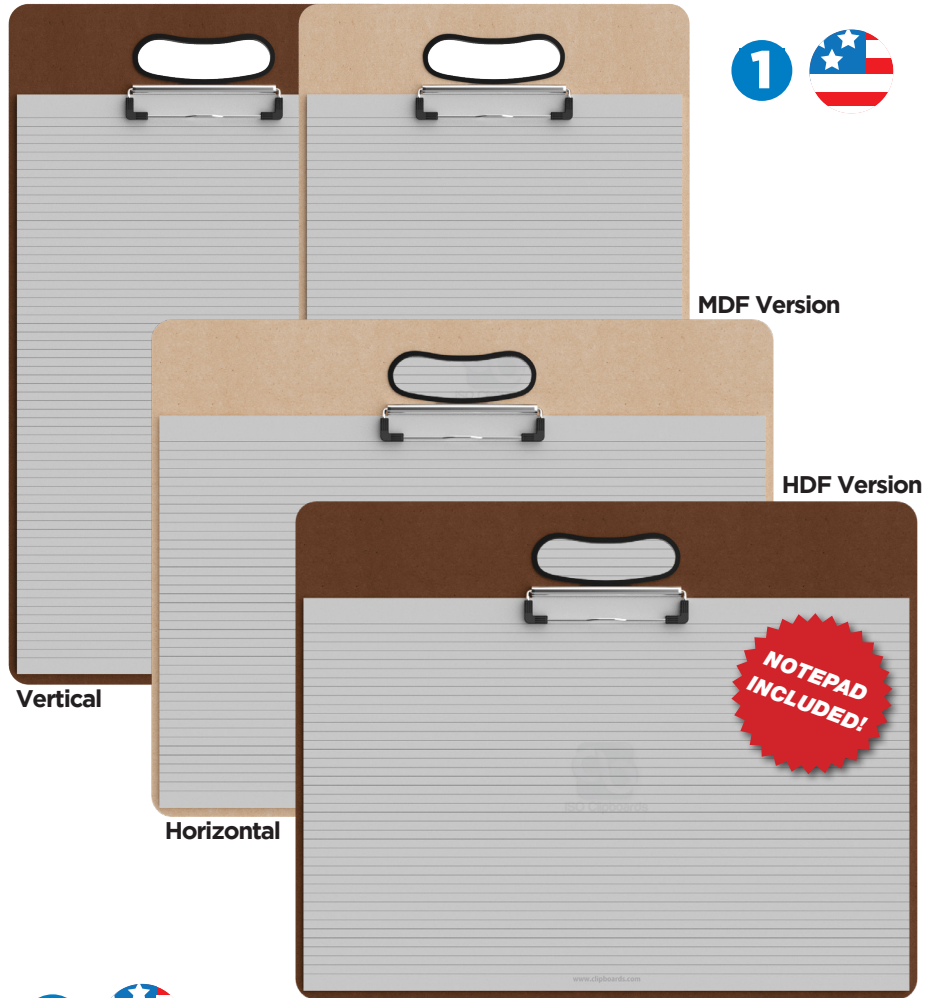
Our 13 x 19 & 19 x 13 clipboard fits 13 x 19 paper and is made of Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF) for a lightweight design great for daily use. This clipboard is ideal for larger tasks, score taking at sporting events (baseball, basketball, soccer, softball, etc.), drafting large projects or simply having a flat place to write.

MDF 13 x 19 (Tall) Model **7078**
MDF 19 x 13 (Wide) Model **7089**

MSRP	10-49	50-99	100+
\$17.99	\$15.30	\$14.40	\$13.50

HDF 13 x 19 (Tall) Model **7079**
HDF 19 x 13 (Wide) Model **7088**

MSRP	10-49	50-99	100+
\$18.99	\$16.15	\$15.20	\$14.25



Vertical

Horizontal

MDF Version

HDF Version

NOTEPAD INCLUDED!



MDF Version

HDF Version



19 x 13

13 x 19



18 x 24

1



24 x 18

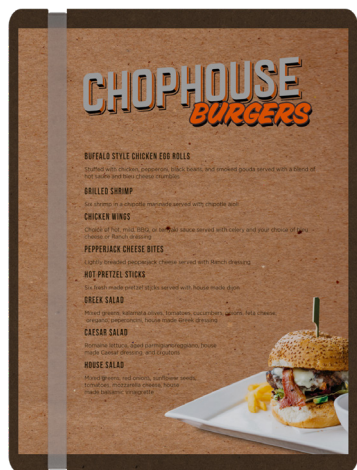
HDF Version

MDF Version



HDF Version

MDF Version



Single Band Vertical



Vertical With Bands

1 18 X 24 & 24 X 18 Clipboard

Our large 18 x 24-inch & 24 x 18-inch clipboard fits Arch 3 size paper and is made of Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF) for a lightweight design great for daily use. This clipboard is ideal for larger tasks, score taking at sporting events (baseball, basketball, soccer, softball, etc.), drafting large projects or simply having a flat place to write. The vertical layout of this clipboard provides a large writing area and can be used as a lapboard while seated. This clipboard comes standard with two sturdy paper clips to secure your paper, notes, catalogs, score cards and more!

MDF 18 x 24 (Tall) Model **7075**

MDF 24 x 18 (Wide) Model **7074**

MSRP	10-49	50-99	100+
\$21.99	\$18.70	\$17.60	\$16.50

HDF 18 x 24 (Tall) Model **7077**

HDF 24 x 18 (Wide) Model **7076**

MSRP	10-49	50-99	100+
\$22.99	\$19.55	\$18.40	\$17.25

2 Menu Board

These boards are great for holding menus, listed items, sale promotions or other documents and are made from sturdy, lightweight Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF) construction. Each board will hold 8.5 x 11 inch letter size paper flat, and with our secure bands (top and bottom), provide a simple but eloquent way to display or promote your listed menu or items. Change your menu at a moment's notice while maintaining a professional, stylish look. The included bands (clear or black) will also prevent your tables from being scratched. You can even get this clipboard engraved with your company name or logo to give you a one-of-a-kind product. Please contact us for more information about customization.

MDF Model **7017**

MDF Vertical Model **7014**

MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50

HDF Model **7016**

HDF Vertical Model **7111**

MSRP	10-49	50-99	100+
\$6.99	\$5.95	\$5.60	\$5.25

MDF Single Band Vertical Model **7113**

MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

HDF Single Band Vertical Model **7110**

MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

1 Large Menu Board

These boards are great for holding menus, listed items, sale promotions or other documents and are made from sturdy, lightweight Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF) construction. Each board will hold 8.5 x 14 inch legal size paper flat and our secure bands (top and bottom) provide a simple but eloquent way to display or promote your listed menu or items. Change your menu at a moment's notice while maintaining a professional, stylish look. The included bands (clear or black) will also prevent your tables from being scratched. You can even get this clipboard engraved with your company name or logo to give you a one-of-a-kind product; please contact us for more information about customization.

MDF Model 7001

MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75

HDF Model 7002

MSRP	10-49	50-99	100+
\$9.99	\$8.50	\$8.00	\$7.50

MDF Single Band Vertical Model 7115

MSRP	10-49	50-99	100+
\$6.99	\$5.95	\$5.60	\$5.25

HDF Single Band Vertical Model 7112

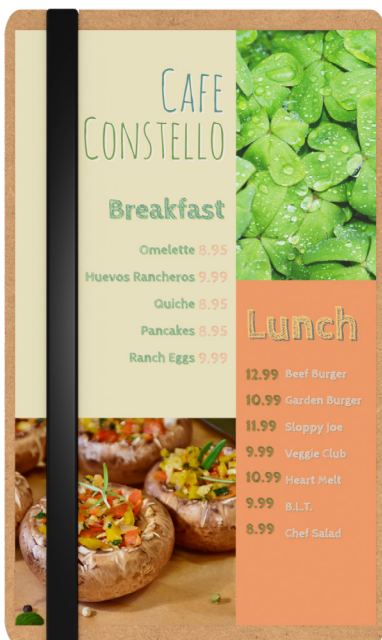
MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75



HDF Version



MDF Version



Single Band Vertical





1



1 Small Menu Holder

Made from sturdy, Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF), each menu holder can carry 5.75 W x 8.75 L inch size paper flat, and with our secure bands (top and bottom), provide a simple but eloquent way to display or promote your listed menu or items. Change your menu at a moment's notice while maintaining a professional, stylish look.

MDF Model **7012**

MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50

HDF Model **7009**

MSRP	10-49	50-99	100+
\$5.99	\$5.10	4.80	\$4.50



2



2 Tall Menu Holder

Made from sturdy, Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF), each menu holder can carry 5 W x 11 L inch size paper flat, and with our secure bands (top and bottom), provide a simple but eloquent way to display or promote your listed menu or items. Change your menu at a moment's notice while maintaining a professional, stylish look.

MDF Model **7003**

MSRP	10-49	50-99	100+
\$4.99	\$4.25	\$4.00	\$3.75

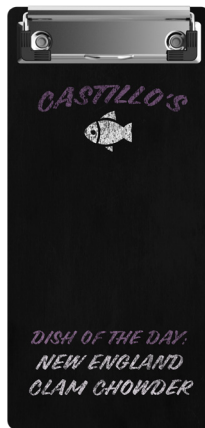
HDF Model **7004**

MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50

3



4



3 Chalkboard Clipboard

Perfectly sized to hold 8.5" x 11" sheets, the Chalkboard Clipboard serves as a great chalk writing surface and keeps your papers close at hand. On one side is our smooth chalkboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model **7015**

MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75

4 Tall Chalkboard Clipboard

Perfectly sized to hold 3.75" width x 8.25" length sheets, the Tall Chalkboard Clipboard serves as a great chalk writing surface and keeps your papers close at hand. On one side is our smooth chalkboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model **7014**

MSRP	10-49	50-99	100+
\$6.99	\$5.95	\$5.60	\$5.25



1 Small Chalkboard Clipboard

Use this stylish Small Chalkboard Clipboard for lists, doodles or decorations. Great for around the house or in the classroom! Perfectly sized to hold 5" width x 8" length sheets, the Small Chalkboard Clipboard serves as a great chalk writing surface and keeps your papers close at hand. On one side is our smooth chalkboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model 7013

MSRP	10-49	50-99	100+
\$5.99	\$5.10	4.80	\$4.50

2 Whiteboard Clipboard

Use this handy Whiteboard Clipboard for lists, reminders or doodles that wipe away! Great for around the house or in the classroom! Perfectly sized to hold 8.5" x 11" sheets, the Whiteboard Clipboard serves as a great writing surface that wipes clean and keeps your papers close at hand. On one side is our smooth whiteboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model 7008

MSRP	10-49	50-99	100+
\$8.99	\$7.65	\$7.20	\$6.75

3 Tall Whiteboard Clipboard

Use this handy Tall Whiteboard Clipboard for lists, reminders or doodles that wipe away! Great for around the house or in the classroom! Perfectly sized to hold 3.75" width x 8.25" length sheets, the Tall Whiteboard Clipboard serves as a great writing surface and keeps your papers close at hand. On one side is our smooth whiteboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model 7006

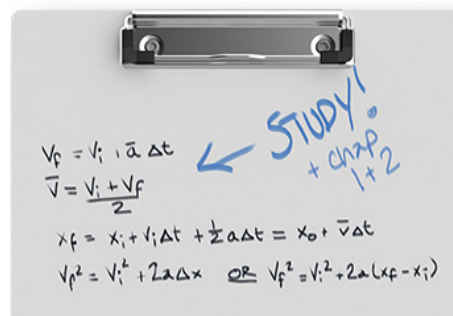
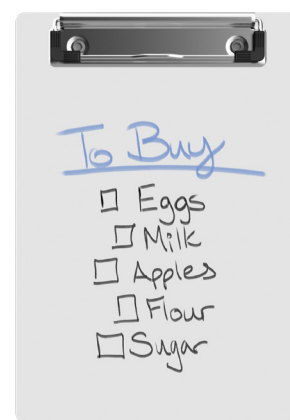
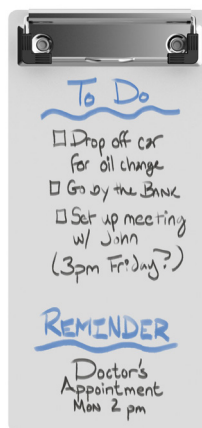
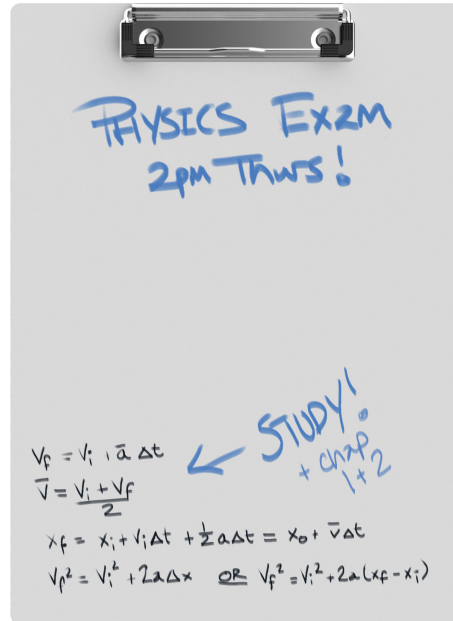
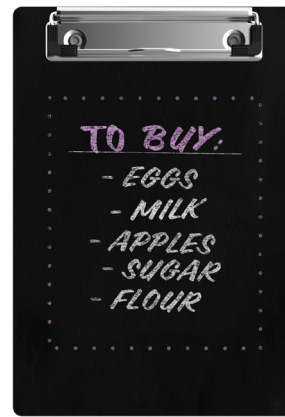
MSRP	10-49	50-99	100+
\$6.99	\$5.95	\$5.60	\$5.25

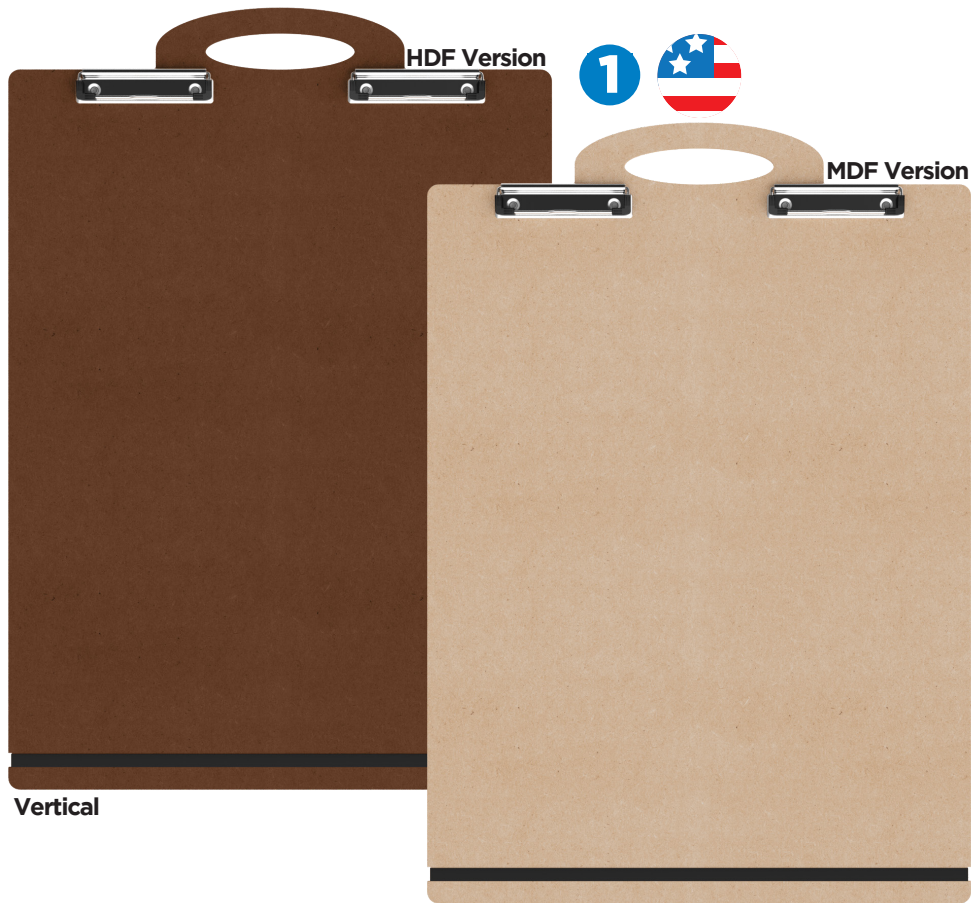
4 Small Whiteboard Clipboard

Use this handy Whiteboard Clipboard for lists, reminders or doodles that wipe away! Great for around the house or in the classroom! Perfectly sized to hold 5" x 7.25" (memo) sheets, the Whiteboard Clipboard serves as a great writing surface and keeps your papers close at hand. On one side is our clean whiteboard finish for all your artistic designs and notes while the other side is sturdy Medium Density Fiberboard (MDF) backing.

Model 7007

MSRP	10-49	50-99	100+
\$5.99	\$5.10	\$4.80	\$4.50





Vertical



MDF Version

Horizontal

1 Artist Clipboard

Our large Horizontal & Vertical Artist clipboard fits Arch 3 size paper and is made of Medium-Density Fiberboard (MDF) or High-Density Fiberboard (HDF) for a lightweight design great for daily use. This clipboard is ideal for larger tasks, score taking at sporting events (baseball, basketball, soccer, softball, etc.), drafting large projects or simply having a flat place to write. The vertical layout of this clipboard provides a large writing area and can be used as a lapboard while seated. This clipboard comes standard with two sturdy paper clips to secure your paper, notes, catalogs, score cards and more!

MDF Vertical Model **7085**

MDF Horizontal Model **7087**

MSRP	10-49	50-99	100+
\$25.99	\$22.10	\$20.80	\$19.50

HDF Vertical Model **7084**

HDF Horizontal Model **7086**

MSRP	10-49	50-99	100+
\$26.99	\$22.95	\$21.60	\$20.25

2 Blank Clipboard Bands

The Clipboard Band is our exclusive elastic rubber band (latex free) to secure all your documents and prevent flaring on our Clipboards. These bands come in 4 different sizes for our larger and smaller clipboards.

Small Menu Black Model **9045-BLK**

Small Menu Clear Model **9045-CLR**

MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

Menu Black Model **9046-BLK**

Menu Clear Model **9046-CLR**

MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

Large Black Model **9047**

MSRP	10-49	50-99	100+
\$4.95	\$4.20	\$3.95	\$3.70

X-Large Black Model **9049**

MSRP	10-49	50-99	100+
\$5.95	\$5.06	\$4.76	\$4.47





1 WhiteCoat Clips

The WhiteCoat Clip is designed specifically for use with any full size WhiteCoat Clipboard and is a great way to store your writing instrument.

Clip features:

- Flexible plastic construction that holds standard size writing instruments
- Will not obscure engravings

Black **9034-BLK**
 Blue **9034-BLUE**
 White **9034-WHI**

MSRP	10-49	50-99	100+
\$3.95	\$3.35	\$3.15	\$2.95

2 WhiteCoat Bands

The exclusive elastic rubber WhiteCoat Band is designed for use with any of our full size WhiteCoat Clipboards to help secure and protect your notes, documents and other papers

Fits only standard size clipboards.

Purple **9042-PUR**
 Pink **9042-PINK**
 Green **9042-GRN**
 Clear **9042-CLR**
 Black **9042-BLK**
 Red **9042-RED**
 Blue **9042-BLU**

MSRP	10-49	50-99	100+
\$4.95	\$4.20	\$3.95	\$3.70

3 WhiteCoat Clipboards

Patented folding WhiteCoat Clipboards with glossy labels to reference the most daily used medical information. Carry patient notes, medication lists, and nursing assessments without worry of losing your data. Our best-selling clipboards for all healthcare professionals including nurses, pharmacists, pediatric specialists, and general practitioners.

WhiteCoat Clipboards feature:

- A full size design that folds to 1/2" thickness
- Lightweight aluminum construction
- The ability to hold 15-30 pieces of paper without creasing

See available colors and models on the next pages!



Medical WhiteCoat Clipboards

Standard Version

WhiteCoat Clipboards

EKG Axis

QRS Interval

Normal Values

Parameters

Parameters	Normal Values
Stroke Volume (SV)	60-120 mL/contraction
Cardiac Output (CO)	4-8 L/min
Cardiac Index (CI)	2.6-4.2 L/min/m ²
Systemic Vascular Resistance (SVR)	900-1300 dyne/cm ²
Mean Arterial Pressure (MAP)	70-100 mmHg
A-a Gradient	5-15 mmHg
Central Venous Pressure (CVP)	3-8 mmHg
Pulmonary Artery Pressure (PAP)	Systemic: 15-30 mmHg Diastolic: 8-12 mmHg Mean: 9-18 mmHg

Normal Lab Values

WBC	Hgb	Hct	Platelets	Na	Cl	BUN	Cr	Glu	Co	AST	ALT	T Protein	Alb	Alk Phos	T Bilir
No: 4.5-11 x 10 ⁹ /L	No: 135-145 mg/dL	No: 39-51%	No: 150-400 x 10 ⁹ /L	No: 135-145 mEq/L	No: 98-106 mEq/L	No: 7-20 mg/dL	No: 0.6-1.2 mg/dL	No: 70-110 mg/dL	No: 8.5-10.5 mg/dL	No: 10-40 U/L	No: 10-40 U/L	No: 6.0-8.0 g/dL	No: 3.5-5.0 g/dL	No: 30-120 U/L	No: 0-1 mg/dL

Conversions

Temperature	Mass/Weight	Volume	Length
°F = (°C × 9/5) + 32	1 kg = 1000 g	1 oz = 29.57 ml	1 in = 2.54 cm
°C = (°F - 32) × 5/9	1 kg = 2.2 lbs	8 oz = 1 cup	1 cm = 0.39 in
98.6°F = 37°C	1 oz = 28.35 g	1 lb = 16 oz	1 ft = 0.305 m
32°F = 0°C	1 g = 0.0352 oz	1 gal = 3.78 L	1 m = 3.28 ft

ABG Normal Values

pH	P _a CO ₂	P _a O ₂	HCO ₃
7.35-7.45	35-45 mmHg	80-100 mmHg	24-30 mEq/L

Helpful Equations

- Anion Gap = Na - (Cl + HCO₃) (Normal 10-14 mEq/L) - Corrected Na = Na - (Glucose - 100) × 0.016
- Fractional Excretion = (urine Na × serum creatinine) / (serum Na × urine creatinine) × 100
- Osmolality = (2 × Na) + (glucose/18) + (BUN/2.8) (Normal 275-295 mOsm/kg)
- Corrected Glucose = measured glucose - calculated glucose (Normal = 10 mOsm)
- Body Water Deficit (liters) = 0.6 × weight (kg) × (serum Na - 140)
- Calculated CR Clearance = (urine creatinine × urine volume (mL)) / (serum creatinine × time (minutes))
- Estimated CR Clearance = (140-age) × weight (kg) (x 0.85 for females) / 72 × serum creatinine (mg/dL)
- Corrected Total Ca = (0.8 × (4 - patient albumin)) + patient Ca
- Mean Arterial Pressure (MAP) = Diastolic BP + (1/3) × (Systolic BP - Diastolic BP)
- Stroke Volume (SV) = CO × HR

Vertical Version

iPad Mini Version

Available Color Models:

This clipboard is now available in a Metric Units edition!

Make your clipboard a quick medical reference guide with detailed day-to-day information perfect for all healthcare professionals. This label provides general medical information for medical residents, students, physicians, or any healthcare professional.

- Features:**
- EKG interpretations
 - Acid-base values and interpretations
 - Useful equations
 - Conversions
 - Cardiac parameters
 - Cardiac murmurs
 - AV block assessment
 - Glasgow Coma Scale
 - Strength testing scale

Product Codes and Pricing

Model	MSRP	10-49	50-99	100-249	250-500+
Standard Model [Color Model]-MBLK	\$25.95	\$22.06	\$20.76	\$19.47	\$18.95
Metric Standard Model [Color Model]-MMLBK	\$39.99	\$34.00	\$32.00	\$30.00	\$30.00
Vertical Model [Color Model]-VMMLBK	\$26.95	\$22.91	\$21.56	\$20.22	\$20.22
Metric Vertical Model [Color Model]-VMMMLBK	\$40.99	\$34.85	\$32.80	\$30.75	\$30.75

Nursing WhiteCoat Clipboards

Standard Version

Vertical Version

SEPSIS/ SIRS Systemic Inflammatory Response Syndrome
A whole-body inflammatory state and dysfunction

Two or more of the following:

- Temperature** > 100.4°F or < 98.6°F (≥ 38°C or ≤ 36°C)
- Respiratory Rate** > 20 breaths per minute OR $P_{a}CO_2 < 32$ mmHg
- Heart Rate** > 90 beats per minute
- WBC** > 12,000 or < 4,000 OR Immature Bands > 10%

If there is a likely or confirmed infection responsible for the above, then the patient has SEPSIS.
If there are signs/symptoms of any organ dysfunction, then the patient has SEVERE SEPSIS.

PAIN SCALE - Recommended for ages 3 years and older

1	2	3	4	5
No Hurt	Hurts A Little Bit	Hurts Even More	Hurts A Whole Lot	Hurts Worst

QRS COMPLEX

P wave < 0.11 sec
PR interval < 0.12-0.20 sec (< 1 large box)
QRS interval < 0.12 sec (< 3 small boxes)
QT - varies with HR, < 1/2 of the R-R interval
QTc interval < 0.35-0.47 sec

TEMPERATURE

TEMPERATURE		HEIGHT		WEIGHT	
F	C	cm	ft/in	lb	kg
212	100	142	5'0"	300	136.4
Boil	Boil	145	5'1"	275	125.0
108	42.2	147	5'10"	250	113.6
107	41.6	150	5'11"	225	102.3
106	41.1	152	6'0"	210	95.5
105	40.6	155	6'1"	200	90.9
104	40.0	157	6'2"	190	86.4
103	39.4	160	6'3"	180	81.8
102	38.9	163	6'4"	170	77.3
101	38.3	165	6'5"	160	72.7
100	37.8	168	6'6"	150	68.2
99	37.2	169	6'6"	140	63.6
98.6	37.0	170	6'7"	130	59.1
98	36.7	173	6'8"	120	54.5
97	36.1	175	6'9"	110	50.0
96	35.6	178	6'10"	100	45.5
95	35.0	180	7'0"	90	40.9
94	34.4	183	7'0"	80	36.4
93	34	185	7'1"	70	31.8
92	33.3	188	7'2"	60	27.3
91	32.8	191	7'3"	50	22.7
90	32.1	193	7'4"	40	18.2
32	Freeze	196	7'6"	40	18.2

CONVERSIONS

Length	Volume	Mass
1 cm = 10 mm	1 oz = 29.57 mL	1 kg = 1000 g
1 in = 2.54 cm	1 cc = 1 mL	1 g = 2.2 lb
1 ft = 12 in	1 cup = 8 oz	1 L = 1.056 qt
1 gal = 4 qt	1 gallon = 4 qt	1 L = 0.264 gal
1 qt = 4 cups	1 glass = 8 oz	1 qt = 0.946 L
1 in = 2.54 cm	1 gal = 4 qt	1 gal = 3.78 L
1 ft = 12 in	1 qt = 25.37 mL	1 kg = 2.2 lb
1 pt = 16 oz	1 pt = 16 oz	1 g = 0.001 kg
1 lb = 16 oz	1 qt = 0.946 L	1 lb = 0.45 kg
1 qt = 4 cups	1 tbsp = 3 tsp	1 oz = 28.35 g
1 tbsp = 3 tsp	1 tsp = 0.05 oz	1 g = 0.001 kg
1 tsp = 0.05 oz		

WhiteCoat Clipboards.com
866-490-4621

Nursing Edition

CHEM-7 Na, Cl, BUN, Cr, Glu, HCO₃⁻

CBC WBC, Hgb, Hct, PLT

LFTs Ca, AST, ALT, ALP, T Bilirubin

PUPIL SIZE

NORMAL ABG VALUES

Normal arterial pH range: 7.35-7.45
Normal arterial P_aCO₂ range: 35-45 mmHg
Normal serum CO₂ range: 24-30 mEq/L
serum CO₂ on lab blood draws is the total CO₂, it represents the HCO₃⁻

Serum S_o2 (O₂ saturation) range: 96-100
Mixed Venous S_vO₂ (O₂ saturation) range: 60-85

IV USES

16 Large fluid volume: rapid infusions (high-risk surgical procedures, trauma).
18 Surgery, viscous solutions (whole blood, packed RBCs). Various emergent situations.
20 Routine infusions and IV access; minor surgical procedures.
22 Suitable for most infusions at slower rates. Recommended for small or fragile veins. Not appropriate for rapid flow rates.
24-26 Slower flow rates. Neonatal, pediatric, and elderly patients.

INJECTION SITES

Ventrolateral Site
A. Iliac Crest
B. Gluteus Medius
C. Anterior Superior Iliac Spine
D. Greater Trochanter of Femur

Deltoid Site
A. Acromion Process
B. Deltoid Muscle
C. Scapula
D. Humerus
E. Radial Nerve
F. Deep Brachial Artery

Vastus Lateralis Site
A. Femoral Artery
B. Greater Trochanter of Femur
C. Vastus Lateralis

Dorsogluteal Site
A. Posterior Superior Iliac Spine
B. Gluteus Maximus
C. Greater Trochanter of Femur
D. Sacral Nerve

iPad Mini Version

WhiteCoat Clipboards

CONVERSIONS

VENTROLATERAL SITE

DELTOID SITE

VASTUS LATERALIS SITE

DORSOGLUTEAL SITE



Available Color Models:



This clipboard is now available in a Metric Units edition!

Make your clipboard a quick medical reference guide with detailed day-to-day information specifically designed for nurses, certified nursing assistants, and all healthcare professionals caring for patients.

- Features:**
- Pain scale
 - Normal lab values
 - Acid-base assessment
 - Pupil size
 - EKG interpretation with ST changes
 - Location of injection sites
 - Sepsis criteria and definitions
 - Conversions of weight, height, temperature

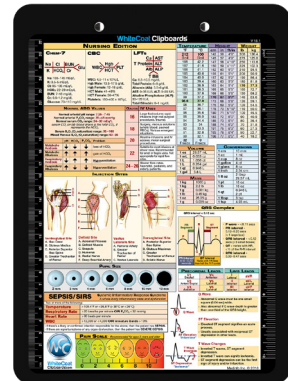
Product Codes and Pricing

Model	MSRP	10-49	50-99	100-249	250-500+
Standard Model [Color Model]-NUR	\$25.95	\$22.06	\$20.76	\$19.47	\$18.95
Metric Standard Model [Color Model]-MNUR					
Vertical Model [Color Model]-VNUR					
Vertical Metric Model [Color Model]-VMNUR					
Blackout Model 7024O-NUR	\$26.95	\$22.91	\$21.56	\$20.22	
Metric Blackout Model 7024O-MNUR					
Vertical Blackout Model 8024O-VNUR					
Vertical Metric Blackout Model 8024O-VMNUR					

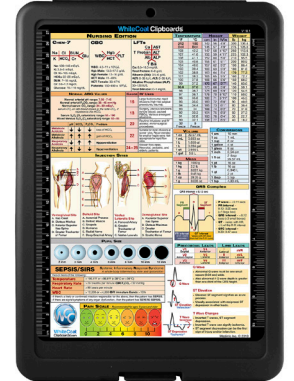
Model	MSRP	10-49	50-99	100+
iPad Mini 2-3 Model [Color Model]-ISOM-NUR	\$39.99	\$34.00	\$32.00	\$30.00
iPad Mini 4 Model [Color Model]-ISOM4-NUR				
Metric iPad Mini 2-3 Model [Color Model]-ISOM-MNUR				
Metric iPad Mini 4 Model [Color Model]-ISOM4-MNUR				
iPad Mini Blackout 2-3 Model 7024O-ISOM-NUR	\$40.99	\$34.85	\$32.80	\$30.75
iPad Mini 4 Blackout Model 7024O-ISOM4-NUR				
Metric iPad Mini 2-3 Model 7024O-ISOM-MNUR				
Metric iPad Mini 4 Blackout Model 7024O-ISOM4-MNUR				

Nursing WhiteCoat Clipboards Cont.

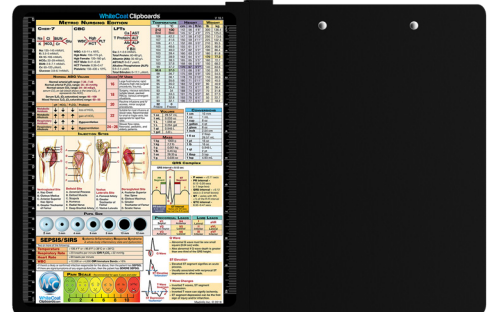
Flat Aluminum Version



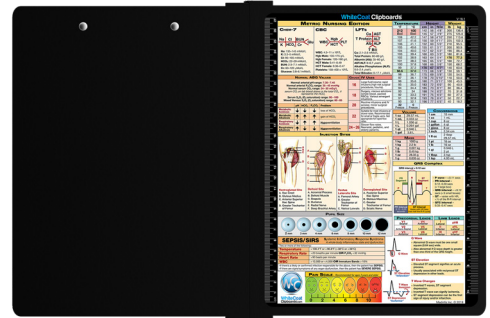
Flat Plastic Version



Storage Version



Left Folding Ledger Version



Right Folding Ledger Version



This clipboard is available in a Metric Units edition!

Make your clipboard a quick medical reference guide with detailed day-to-day information specifically designed for nurses, certified nursing assistants, and all healthcare professionals caring for patients.

Features:

- Pain scale
- Normal lab values
- Acid-base assessment
- Pupil size
- EKG interpretation with ST changes
- Location of injection sites
- Sepsis criteria and definitions
- Conversions of weight, height, temperature

Product Codes and Pricing

Standard Flat Aluminum Black Model **7062-NUR**
Metric Flat Aluminum Black Model **7062-MNUR**

MSRP	10-49	50-99	100-249	250-500+
	\$25.95	\$22.06	\$20.76	\$19.47

Standard Flat Plastic Black Model **7023-NUR**
Metric Flat Plastic Black Model **7023-MNUR**

MSRP	10-49	50-99	100+
	\$23.95	\$20.36	\$19.16

Standard Flat Storage Black Model **7021-NUR**
Metric Flat Storage Black Model **7021-MNUR**
Standard Flat Storage Pink Model **702127-NUR**
Metric Flat Storage Pink Model **702127-MNUR**

MSRP	10-49	50-99	100+
	\$25.95	\$22.06	\$19.47

Standard Left Folding Ledger Model **7092-LNUR**
Metric Left Folding Ledger Model **7092-LMNUR**
Standard Right Folding Ledger Model **7092-RNUR**
Metric Right Folding Ledger Model **7092-RMNUR**

MSRP	10-49	50-99	100+
	\$27.95	\$23.76	\$20.41

Respiratory WhiteCoat Clipboards

WhiteCoat Clipboards

Patent No. 0911,544 B
7/23/09 B2

O ₂ System	Flow (L/min)	% O ₂ (FIO ₂)	H	Info
Bag-valve Mask (Ambu bag)	15	100% with reservoir	N	For manual ventilation of nonbreathing patient
Nasal Cannula	1-6	24-44	A/PPC	Low flow: can be drying to nose and membranes
Non-Rebreather Mask	6-15	50-90	N	Higher %: one-way flap opens/closes to prevent rebreathing of CO ₂ and deliver high concentrations of O ₂
Oxymizer	1-15	25-85	N	Less drying than nasal cannulas
Simple Mask	6-10	35-55	N	Higher %: lateral perforations allow exhaled CO ₂ escape
Trans Tracheal Catheter (TTC)	0.5-8	24-50	A	Placed over stoma or attaches to tracheal tube, secretions and humidity can irritate
Venti Mask (Venturi)	3-15	24-50	S	Precision titration of oxygen, graduated dial is set to desired oxygen %

H: Humidity • A: Always • N: Never • PPC: Per Patient Comfort • S: Separately

Five Rules for Oxygen Systems

- No humidity (bubblers) with masks except mist masks
- Nasal cannulas: 6 L/min at the most
- Oxymizer: 15 L/min at the most
- Nasal cannulas require humidity per patient comfort
- TTC must always have humidity

NORMAL ABG VALUES

Normal arterial pH range: 7.38 - 7.42 (7.40)
 Normal arterial PaCO₂ range: 38 - 42 mmHg (40 mmHg)
 Normal serum CO₂ range: 22 - 26 mEq/L (24 mEq/L)
 serum CO₂ on lab blood draws is the total CO₂, it represents the HCO₃

	pH	HCO ₃	PaCO ₂	Problem	Expected Compensation
Metabolic Acidosis	↓	↓	↓	loss of HCO ₃	PaCO ₂ ↓ by 1.25 x ΔHCO ₃
Metabolic Alkalosis	↑	↑	↑	gain of HCO ₃	PaCO ₂ ↑ by 0.75 x ΔHCO ₃
Respiratory Acidosis	↓	↑	↑	Hypoventilation	HCO ₃ ↑ by 0.1 x ΔPaCO ₂ acute HCO ₃ ↑ by 0.4 x ΔPaCO ₂ chronic
Respiratory Alkalosis	↑	↓	↓	Hyperventilation	HCO ₃ ↓ by 0.2 x ΔPaCO ₂ acute HCO ₃ ↓ by 0.4 x ΔPaCO ₂ chronic

Δ = change from normal values above

SPIROMETRY

"Breathe normally"
 "Breathes in as deeply as you can"
 "Breathes out as hard and as long as you can"

LUNG VOLUMES AND CAPACITIES		NORMAL SPIROMETRY	
ERV	1.2 L	FRC=RV+ERV	2.3 L
RV	1.2 L	TLC=RV+IRV+TV+ERV	5.8 L
IRV	3 L	FVC	4.8 L
TV	0.5 L	IC=TV+IRV	3.5 L

FEV₁/FVC >70%
 FVC 80-120% predicted
 FEF 25-75 >79% predicted (reflects small airways disease)
 If FEV₁/FVC <70%, FVC normal - repeat after bronchodilator
 If FEV₁/FVC is <70%, FVC <80% - check lung volumes

Respiratory

PATTERNS OF FLOW-VOLUME CURVES SHOWING VENTILATORY ABNORMALITIES

OBSTRUCTIVE AND RESTRICTIVE PATTERNS

Measurement	Obstructive Pattern	Restrictive Pattern
Forced Vital Capacity (FVC)	Decreased or Normal	Decreased
Forced Expiratory Volume in 1 Second (FEV ₁)	Decreased	Decreased or Normal
FEV ₁ /FVC ratio	Decreased	Normal
Total Lung Capacity (TLC)	Normal or Increased	Decreased

CLASSIFICATION OF SEVERITY OF AIRFLOW LIMITATION IN COPD (based on post-bronchodilator FEV₁)

Stage	Severity	FEV ₁ /FVC	FEV ₁ % predicted
Stage I	Mild COPD	>0.70	≥80% predicted
Stage II	Moderate COPD	>0.70	50-79% predicted
Stage III	Severe COPD	>0.70	FEV ₁ 30-49% predicted
Stage IV	Very Severe COPD	>0.70	FEV ₁ <30% predicted

Lateral Lung Anatomy and **Front Lung Anatomy**

WEANING PROTOCOL FOR INTUBATED PATIENTS

Screen 1: All patients receiving mechanical ventilation are assessed by using Screen 1 every day

- Hemodynamics stable?
- Off vasopressors?
- PaO₂/FIO₂ ratio >150? (If ABGs not available: SaO₂ ≥95% on FIO₂ of 0.50 or less)
- PEEP set at 8 cmH₂O or less?
- RASS of -2 or higher?

YES TO ALL → If NO to any question, STOP! Otherwise, ALWAYS proceed to Screen 2

Screen 2: **Rapid Shallow Breathing Index (RSBI)**

A 1 minute test through ventilator with "flow trigger" mode rate set to 0, PSV set to 0, PEEP allowed up to 5 cmH₂O. Measure after 1 minute respiratory rate and tidal volume.

RSBI calculation = f/Vt respiratory rate (f), tidal volume (Vt)

RSBI ≤ 105

- RSBI ≤ 105 predicts a successful SBT and ventilator weaning
- RSBI > 105 predicts a higher probability of failing a weaning trial
- 105 remains the most widely accepted cutoff value for intubated patients

Spontaneous Breathing Trial (SBT)

Spontaneous breathing for 120 minutes through ventilator with "flow trigger" mode rate set to 0, PSV set to 0, PEEP allowed up to 5 cmH₂O. A 2-hour continuous trial without termination indicates a successful spontaneous breathing trial.

Successful spontaneous breathing trial?
 Yes - discuss with Pulmonary Physician for extubation
 No - restart from Screen 1 after period of rest (usually 24 hours)

Termination Criteria:

- Respiratory rate >35/min for 5 minutes or more
- SaO₂ <90%
- Heart rate > 140/min, or sustained increase 20% greater than baseline
- Systolic blood pressure >180 mmHg or <90 mmHg
- Increased anxiety

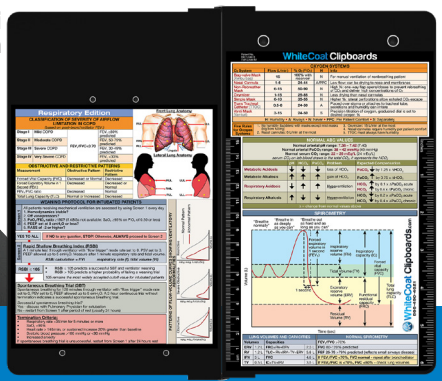
If spontaneous breathing trial is unsuccessful, restart from Screen 1 after 24 hours rest



Available Color Models:



iPad Mini Version



Carry patient respiratory assessment forms, ventilator logs, medication lists, and all your documentation in a HIPAA secure clipboard.

Features:

- Spirometry assessment with COPD criteria
- Rapid Swallow Breathing Index
- Ventilator weaning
- Acid-base assessment
- Oxygen systems and flow rates
- Classification of severity of lung disease

Standard Model [Color Model]-RESP

MSRP	10-49	50-99	100-249	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

Blackout Model 70240-RESP

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

iPad Mini 2-3 Model [Color Model]-ISOM-RESP

iPad Mini 4 Model [Color Model]-ISOM4-RESP

MSRP	10-49	50-99	100+
\$39.99	\$34.00	\$32.00	\$30.00

iPad Mini Blackout 2-3 Model 70240-ISOM-RESP

iPad Mini 4 Blackout Model 70240-ISOM4-RESP

MSRP	10-49	50-99	100+
\$40.99	\$34.85	\$32.80	\$30.75

Pediatric-Infant WhiteCoat Clipboards

Standard Version

Peds - Infant Edition

APGAR SCORE

Modified Glasgow Coma Scale for Infants and Children

Intravenous Fluids (IVF)

Determine Glucose Infusion Rate (GIR):

GIR (mg/kg/min):

Daily Maintenance Fluids (4:2:1 Rule)

Inseparable Water Loss on Day 1

Daily Fluid Requirements (first week of life)

Recommended ETT Length (to the nearest 0.5 cm)

Guidelines for Starting Phototherapy

Respiratory Rate (breaths/min)

Hypotension by Age and SBP

Blood Pressure by Age

Heart Rate (rate/min)

Umbilical Artery Catheters (UAC) Insertion Distance

Umbilical Venous Catheters (UVC) Insertion Distance

Vertical Version

Peds - Infant Edition

APGAR SCORE

Modified Glasgow Coma Scale for Infants and Children

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Peds - Infant Edition

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Umbilical Artery Catheters (UAC) Insertion Distance

Umbilical Venous Catheters (UVC) Insertion Distance

Available Color Models:



Make your clipboard a quick medical reference guide with detailed day-to-day information specific for pediatric and infant healthcare professionals.

Features:

- APGAR scores
- Modified Glasgow Coma Scales for infants and children
- Age-specific averages for respiratory rate and blood pressure
- Daily fluid requirements
- Glucose infusion rate
- Phototherapy guidelines
- Umbilical artery and venous catheter distances

Product Codes and Pricing

Standard Model [Color Model]-PEDI	Vertical Model [Color Model]-VPEDI	MSRP	10-49	50-99	100-249	250-500+
		\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

Blackout Model 7024O-PEDI	Vertical Blackout Model 8024O-VPEDI	MSRP	10-49	50-99	100+
		\$26.95	\$22.91	\$21.56	\$20.22

iPad Mini 2-3 Model [Color Model]-ISOM-PEDI	iPad Mini 4 Model [Color Model]-ISOM4-PEDI	MSRP	10-49	50-99	100+
		\$39.99	\$34.00	\$32.00	\$30.00

iPad Mini Blackout 2-3 Model 7024O-ISOM-PEDI	iPad Mini 4 Blackout Model 7024O-ISOM4-PEDI	MSRP	10-49	50-99	100+
		\$40.99	\$34.85	\$32.80	\$30.75

Pharmacy WhiteCoat Clipboards

Standard Version

Vertical Version

WhiteCoat Clipboards

Normal Urinalysis

Specific Gravity	1.01-1.03
pH	4.5-8.0
RBCs	≤2
WBCs	≤1
Protein	Trace
Ketone bodies	0
Glucose	0
Bilirubin	0

Normal CSF

Normal

Pressure	60-180 mm H ₂ O
Glucose	2/3 serum glucose
Protein	10-45 mg/dL
WBCs	<10 cells/μL

Bacterial Meningitis

Glucose	<12 serum glucose
Protein	80-500 mg/dL
WBCs	400-100,000 cells/μL

Viral Meningitis

Glucose	>30-70 mg/dL
Protein	30-150 mg/dL
WBCs	5-500 cells/μL

Normal Arterial Blood Gas

pH	7.35-7.45
PaCO ₂	35-45 mm Hg
PaO ₂	80-100 mm Hg
HCO ₃	24-30 mEq/L
O ₂ Sat (arterial)	95-100%
O ₂ Sat (venous)	80-85%

Endocrinology

Free T ₄	0.8-2.4 ng/dL
Total T ₃	40-160 ng/dL
TSH	0.5-5 mIU/L
C-peptide (fasting)	0.5-2.5 ng/mL
Glucose (fasting)	<100 mg/dL
Glucose (post-prandial)	<180 mg/dL
A1c (normal)	<5.9%
A1c (diabetes)	>6.5%

Lipid Values

TC	<200 mg/dL
LDL	<100 mg/dL
HDL	>40 mg/dL
HDL	>150 mg/dL

CBC Differential

Neutrophils (Segs)	54-62%
Bands	0-5%
Lymphocytes	25-35%
Monocytes	4-8%
Eosinophils	0-5%
Basophils	0-3%
ANC	1500-8000 cells/mm ³

Subjective

- Chief Complaint
- History of Present Illness
- Past Medical History
- Past Surgical History
- Social History
- Allergies
- Medications

Objective

- Vitals
- Physical Exam
- Labs
- Diagnostic Tests
- Calculations
- Current Medications from Chart
- Risks: 60-100
- Respirations: 12-20
- BMI: 18.5-24.9

Assessment

- Appropriate Drug Selection
- Drug Allergy or Intolerance
- Drug Regimen
- Therapeutic Duplication
- Adverse Drug Events
- Social or Recreational Drug Use
- Failure to Receive Therapy/Adherence
- Financial Impact
- Patient Knowledge of Drug Therapy
- Self-Monitoring
- Risks and Quality of Life Impacts
- Correlation between Drug Therapy and Medical Problem
- Interactions: Drug-Drug, Drug-Disease, Drug-Nutrient, and Drug-Lab Test

Plan

- Drug Therapy Problem or Healthcare Issue
- Goals/Endpoints
- Intervention
- Monitoring/Mechanisms
- Follow-Up Activities
- Progress

Calculations

LDL = TC - (HDL + TG/5); unless TG >400

BMI = (Weight (kg) / Ht (m)²) = (Weight (lbs) / Ht (in)²) × 703

IBW (kg): Male = 50 kg + 2.3 kg for each inch over 5 feet
Female = 45.5 kg + 2.3 kg for each inch over 5 feet

Adjusted BW: IBW + 0.4 (Actual IBW - IBW) (used when actual weight >120% IBW)

BSA (Mosteller's): $BSA (m^2) = \sqrt{ht (cm) \times wt (kg) / 3600}$

Anion Gap = Na - (Cl + HCO₃) (Normal 10-14 mEq)

Corrected Na = Na + [(Glucose - 100) × 0.016]

Corrected Total Ca = (0.8 × (4 - patient albumin)) + patient Ca

Calculated creatinine clearance = $\frac{urine\ creatinine \times urine\ volume\ (mL)}{serum\ creatinine \times time\ (minutes)}$

Estimated (140-age) × weight (kg) (or 0.85 females)
CR Clearance = $\frac{72 \times serum\ creatinine\ (mg/dL)}{}$

Other Equations

$V (Any\ Dose) = \frac{R_p}{k} \times \frac{(1-e^{-kt})}{k}$ $C_{min} = \frac{C_{max}}{1+e^{-kt}}$

$V (1^{st}\ dose) = \frac{R_p}{k} \times \frac{1}{k}$ $R_p = \frac{Dose}{t_{inf}}$

$V (SS\ Data) = \frac{R_p}{k} \times \frac{(1-e^{-kt})}{k}$ $C_p = C_{ss} e^{-kt}$

$R_p = \frac{C_{min} \cdot k \cdot V}{(1-e^{-kt})}$ $Cl = k \times V$

$C_{min} = \frac{C_{max} \cdot e^{-kt}}{1-e^{-kt}}$ $C = R/Cl (1-e^{-kt})$

$T_{1/2} = 0.693/k$ $K = \ln \frac{C_1/C_2}{t_2-t_1 (m)}$

$C_{ss} = R/Cl$ $R = \frac{V_{ss} \times C_{ss}}{k}$ $t_{1/2} = \ln \frac{C_{max}}{C_{min}} \times \frac{V_{ss}}{k} + t_{inf}$

Normal Lab Values

Na	135-145 mEq/L	BUN	7-20 mg/dL	AST	10-40 U/L
Cl	95-105 mEq/L	Cr	0.6-1.2 mg/dL	ALT	10-40 U/L
HCO ₃	22-29 mEq/L	WBC	4.5-11 × 10 ³ /μL	Alb	3.5-5 g/dL
K	3.5-5 mEq/L	Hgb	12-16 g/dL	Phos	2.5-4.5 mg/dL
Ca	8.5-10.5 mg/dL	Hct	41-49%	T Bil	0.1-1.2 mg/dL
PT	11.5-14.5 sec	Platelets	150-400 × 10 ³ /μL		
aPTT	27-35 sec				
D-Dimer	0-0.5 μg/mL				
INR	0.9-1.1 (normal)				
Transferrin	20-250 mg/dL				
Ferritin	12-122 ng/mL (Male <40)				
	12-250 ng/mL (Female <40)				

Target Serum Concentrations

Drug	Target Range	Drug	Target Range
Carbamazepine	4-12 μg/mL	Phenobarbital	15-40 μg/mL
Cyclosporine	100-400 ng/mL (blood)	Phenytoin (total)	10-20 μg/mL
Digoxin	0.5-2 ng/mL	Theophylline	10-20 μg/mL
Lithium	0.5-1.4 mEq/L	Valproic Acid	50-100 μg/mL

Antibiotics

Drug Class	Pharmacodynamic Index	Target Concentration
Beta-Lactam	% Time >MIC	Target 40-50% time >MIC at the site of infection
Fluoroquinolones	AUC/MIC	Gram negatives: AUC/MIC ≥125 Gram positives: ≥33.7

Vancomycin Dosing

Pharmacodynamic index: AUC/MIC

- Starting dose: 15-20 mg/kg (ADW)
- Loading dose: 25-30 mg/kg
- Larger target always >10 mg/L
- If MIC = 1, need ≥15 mg/L
- Life-threatening/poor penetration: 15-20 mg/L
- Tough monitoring: immediately prior to the 4th dose

Aminoglycoside Dosing

Parameter	Gentamicin/Tobramycin Concentration (μg/mL)	General dosing for Amikacin Concentrations (μg/mL)
Peak	6-10	20-25
Life threatening/pneumonia	8-10	20-25
Serious infection	6-10	20-25
Urinary tract infection	4-6	15-20
Endocarditis (synergy)	3-4	---
Trough	0.5-2 (target 1)	<8 (target 4)

Pharmacodynamic index: Peak/MIC
General dosing for Gentamicin/Tobramycin: 2-2.5 mg/kg/dose (BW)
General dosing for Amikacin: 5-7.5 mg/kg/dose (BW)
Peak monitoring: 30 minutes after 30 minute infusion
Trough monitoring: immediately before dose

Vertical Version

Pharmacy Edition

Normal Lab Values

Target Serum Concentrations

Antibiotics

Vancomycin Dosing

Aminoglycoside Dosing

iPad Mini Version

iPad Mini Version

WhiteCoat Clipboards

Normal Lab Values

Target Serum Concentrations

Antibiotics

Vancomycin Dosing

Aminoglycoside Dosing

Available Color Models:



The WhiteCoat Clipboard Pharmacy Label features the most daily used information by today's pharmacists.

Features:

- Normal lab values
- Target serum drug concentrations
- Vancomycin dosing
- Aminoglycoside dosing
- Daily progress note format
- Calculations
- Helpful equations

Product Codes and Pricing

Standard Model [Color Model]-PHARM	iPad Mini 2-3 Model [Color Model]-ISOM-PHARM							
Vertical Model [Color Model]-VPHARM	iPad Mini 4 Model [Color Model]-ISOM4-PHARM							
MSRP	10-49	50-99	100-249	250-500+	MSRP	10-49	50-99	100+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95	\$39.99	\$34.00	\$32.00	\$30.00
Blackout Model 70240-PHARM	iPad Mini Blackout 2-3 Model 70240-ISOM-PHARM							
Vertical Blackout Model 80240-VPHARM	iPad Mini 4 Blackout Model 70240-ISOM4-PHARM							
MSRP	10-49	50-99	100+	MSRP	10-49	50-99	100+	
\$26.95	\$22.91	\$21.56	\$20.22	\$40.99	\$34.85	\$32.80	\$30.75	

Anesthesia WhiteCoat Clipboards

WhiteCoat Clipboards®
Pediatrics and General Anesthesia

Pediatric Guidelines

Age	Weight (kg)	ETT size (mm)	ETT depth @ lips (cm)	Blade	LMA	HR	RR	SBP	DBP
Neonate* (below 12 wks of birth)	< 1'	2.5	7"	Mil 0					
Neonate	1-2'	3	8"	Mil 0	1	100-180	<60	40-60	20-40
Neonate	2-3'	3.5	9"	Mil 0/1				40-60	20-40
Neonate	> 3'	3.5-4	10	Mil 0/1				50-70	25-45
1-6 months	4-6	4	12	Mil 1/ Wis 1.5	1.5	100-160	30-60	87-105	53-66
6 - 12 months	6-10	4.5	13	Wis 1.5	1.5	100-160	30-60	87-105	53-66
1-2 years	10-12	4.5	14	Wis 1.5		100-140	20-24	95-105	53-66
2-4 years	12-16	5	15	Wis 1.5/Mac 2	2	95-130	18-22	99-110	55-70
4-6 years	16-20	5.5	16	Mil 2/ Mac 2		90-120	16-20	97-112	57-71
6-8 years	20-30	6	17	Mil 2/ Mac 2	2.5	90-110	16-20		
8-12 years	30-45	6.5-7	18	Mil 2/ Mac 2	3	12-18	12-18	97-112	57-71
>14 years	>50	7	20-22	Mil/Mac 2-3	4	60-90	12-16	112-128	66-80

ETT size (uncuffed) = (age/4) + 4 ETT size (cuffed) = (age/4) + 3 ETT depth = ETT size x 3

Pediatric Induction Drugs

Drug	IV Dose	Estimated Blood Volume (mL/kg)
Ketamine	0.5-5 mg/kg, 3-5 mg/kg IM	Premie 95 Term Neonate 85 1-4 yr 75 5-5 yr 65
Propofol	2-3 mg/kg	
Rocuronium	0.6-1.2 mg/kg, dilute to 1 mg/mL for children < 1 yr	

Daily Fluid Requirements

Weight	Hourly Rate	Daily Rate (24 hrs)
1-10 kg	4 mL/kg/hr	100 mL/kg/day
11-20 kg	2 mL/kg/hr	50 mL/kg/day
>20 kg	1 mL/kg/hr	20 mL/kg/day

ASA Physical Status Classification System

ASA PS 1	ASA PS 2	ASA PS 3	ASA PS 4	ASA PS 5	ASA PS 6
Normal healthy	Mild systemic disease	Severe systemic disease	Severe systemic disease that is a constant threat to life	Patients that are not expected to survive without the operation	A declared brain-dead patient; organs are being removed for donor purposes

NORMAL ABG VALUES

Normal arterial pH range: 7.38 - 7.42 (7.40)
 Normal arterial PaCO₂ range: 38 - 42 mmHg (40 mmHg)
 Normal serum CO₂ range: 25 - 29 mEq/L (24 mEq/L)
 serum CO₂ on lab blood draws is the total CO₂; it represents the HCO₃

Metabolic Acidosis: ↓ pH, ↓ HCO₃, ↓ PaCO₂ (respiratory compensation)
Metabolic Alkalosis: ↑ pH, ↑ HCO₃, ↑ PaCO₂ (respiratory compensation)
Respiratory Acidosis: ↓ pH, ↑ PaCO₂, ↓ HCO₃ (renal compensation)
Respiratory Alkalosis: ↑ pH, ↓ PaCO₂, ↑ HCO₃ (renal compensation)

Pain Scale - Recommended for ages 3 years and older

1	2	3	4	5
No Hurt	Hurts A Little Bit	Hurts Even More	Hurts A Whole Lot	Hurts Worst

Adult Anesthesia

Neuromuscular Blocking Drugs

Agent	RSI dose (mg/kg)	Maintenance Dose (mg/kg/min)	Onset (min)	Duration (min)
Succinylcholine	1-2		45 sec	8-10
Rocuronium	1	10-12	1-3	30-45
Vecuronium	0.1	1-2	1-4	30-60
Cisatracurium	0.2	1-3	1.5-2	60
Pancuronium	0.1-0.15	15-100 mcg/kg/q25 min	1-5	45-90

Intravenous Anesthetics

Agent	Induction (mg/kg)	Maintenance (mg/kg/min)	Sedation (mg/kg/min)
Propofol	1.5-2.5	100-250	50-200
Ethomidate	0.2-0.4	5-20	
Ketamine	1-2	10-100	10-80
Methohexalol	1-2	0.25-1 mg/kg/min	
Midazolam	0.1-0.3	0.5-5 mg/dose	
Fentanyl	5-20 mcg/kg	0.05-0.5	12.5-50 mcg/dose
Sufentanil	2-10 mcg/kg	0.01-0.1	1-2 mcg/dose

Mallampati Classification

Class I	Class II	Class III	Class IV
Soft palate, fauces, uvula, pillars	Soft palate, fauces, portion of uvula	Soft palate, base of uvula	Hard palate only

Agent Dose Range IV (mcg/kg/min)

Agent	Dose Range IV (mcg/kg/min)	Receptor	HR	BP	CO	SVR	CVP
Pressors (Alfa) <td>20-2000</td> <td>α₁</td> <td>↑</td> <td>↑</td> <td>↑</td> <td>↑</td> <td>↑</td>	20-2000	α ₁	↑	↑	↑	↑	↑
Dopamine	2-5	D ₁ , β ₁ , β ₂	↑	↑	↑	↑	↑
Norepinephrine	0.1-0.2	α ₁ , β ₁	↑	↑	↑	↑	↑
Epinephrine	0.1-0.2	α ₁ , β ₁ , β ₂	↑	↑	↑	↑	↑
Isoproterenol	0.01-0.04	β ₁ , β ₂	↑	↓	↑	↓	↑
Beta Blockers	0.01-0.04	β ₁ , β ₂	↓	↓	↓	↓	↓
Calcium Channel Blockers	0.01-0.04	Ca ²⁺	↓	↓	↓	↓	↓
Diuretics	0.5-2	Osmotic	↓	↓	↓	↓	↓
Vasodilators	0.5-2	NO, α ₂	↓	↓	↓	↓	↓
Hydralazine	2-20	α ₁	↓	↓	↓	↓	↓



Available Color Models:



Make your clipboard a quick medical reference guide with detailed day-to-day information specific for Anesthesia healthcare professionals.

Features:

- Pediatric induction drugs
- Daily fluid requirements
- ETT size and guidelines
- Intravenous anesthetics
- Mallampati classifications
- Neuromuscular blocking agents
- Pressors doses and receptors
- Acid base guidelines
- ASA physical classification

Product Codes and Pricing

Standard Model [Color Model]-ANT	Vertical Model [Color Model]-VANT					iPad Mini 2-3 Model [Color Model]-ISOM-ANT	iPad Mini 4 Model [Color Model]-ISOM4-ANT		
MSRP	10-49	50-99	100-249	250-500+	MSRP	10-49	50-99	100+	
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95	\$39.99	\$34.00	\$32.00	\$30.00	
Blackout Model 7024O-ANT		Vertical Blackout Model 8024O-VANT						iPad Mini Blackout 2-3 Model 7024O-ISOM-ANT	iPad Mini 4 Blackout Model 7024O-ISOM4-ANT
MSRP	10-49	50-99	100+	MSRP	10-49	50-99	100+		
\$26.95	\$22.91	\$21.56	\$20.22	\$40.99	\$34.85	\$32.80	\$30.75		

EMT WhiteCoat Clipboards

WhiteCoat Clipboards

Patient Assessments - OPQRST

- O** - Onset: When did it first start? Events leading up to it?
- P** - Provokes: What makes it better or worse?
- Q** - Quality: What does it feel like?
- R** - Radiation: Does it travel to any other part of the body?
- S** - Severity: What is the level of severity (1-10 scale)?
- T** - Time: Constant, change, intermittent, occurred before?

AMS or ALOC Assessments - AEIOU-TIPS

- A** - Alcohol
- E** - Epilepsy
- I** - Insulin
- O** - Overdose
- U** - Underdose
- T** - Trauma
- I** - Infection
- P** - Psychosis
- S** - Stroke

AMS = Altered Mental Status
ALOC = Altered Level of Consciousness

HYPOTENSION DEFINITION BY AGE AND SBP		HEART RATE (RATE/MIN)		RESPIRATORY RATE (BREATHS/MIN)	
Age	Systolic Blood Pressure	Age	Awake Rate	Age	Rate
Term neonates (0-28 days)	<60 mmHg	Newborn <3 months	85-205	Infant	30-60
Infants (1-2 months)	<70 mmHg	3 months	100-190	Toddler	24-40
Children 1-10 years (5 th BP percentile)	<70 mmHg + (age in years x 2) mmHg	2-10 years	60-140	Preschooler	22-34
Children >10 years	<90 mmHg	>10 years	60-100	School-age child	18-30
			50-90	Adolescent	12-18

APGAR SCORE

A: Appearance · **P:** Pulse · **G:** Grimace · **A:** Activity · **R:** Respiration

Sign: 0 1 2

P: Color: Blue, pale Acrocyanosis Totally pink

A: Heart Rate: None Slow (<100) >100

G: Reflex, irritability: None Grimace Cough, sneeze

A: Muscle tone: Limp Some flexion Active motion

R: Respiration: None Slow/irregular Good, crying

Check APGAR scores at 1 and 5 mins, 10 points max. The infant may require additional assessment if scores are <7 or APGARs decreased at 5 mins.

SIRS Systemic Inflammatory Response Syndrome
A whole-body inflammatory state and dysfunction

Two or more of the following:

- Temperature >100.4°F or <96.8°F (<38°C or <36°C)
- Respiratory Rate >20 breaths per minute OR PaCO₂ <32 mmHg
- Heart Rate >90 beats per minute
- WBC >12,000 or <4,000 OR Immature Bands >10%

- If there's a likely or confirmed infection responsible for the above, then the patient has SEPSIS.
- If there are signs/symptoms of any organ dysfunction, then the patient has SEVERE SEPSIS.

ADULT % BSA

TEMPERATURE CONVERSIONS

37.0 °C = 98.6 °F 38.9 °C = 102.0 °F °F = (°C x 9/5) + 32

37.8 °C = 100.0 °F 39.0 °C = 102.2 °F °C = (°F - 32) x 5/9

38.0 °C = 100.4 °F 39.4 °C = 103.0 °F Febrile Temp:

38.3 °C = 101.0 °F 40.0 °C = 104.0 °F >38 °C or 100.4 °F

INFANT % BSA

RULE OF NINES (adults and infants of one year or less)

- Body surface area (BSA)
- % estimated burn area
- 2nd and 3rd degree burns
- Alternative method: Patient's palm = 1% BSA

CHILDREN 1 YR OR OLDER

For each year above one, add 0.5% to each leg and subtract 1% for the head. This formula should be used until the adult rule of nines values are reached. For example, a 5-year old child would be +2% for each leg and -4% for the head.

PAIN SCALE - Recommended for ages 3 years and older

1 No Hurt 2 Hurts A Little Bit 3 Hurts Even More 4 Hurts A Whole Lot 5 Hurts Worst

EMT

QRS Complex
QRS interval < 0.12 sec

Normal Values

- P wave:** <0.11 sec
- PR interval:** 0.12-0.20 sec (<1 large box)
- QRS interval:** <0.12 sec (<3 small boxes)
- QT:** varies with HR, <1/2 of the R-R interval
- QTc interval:** 0.33-0.47 sec

QRS Complex

QRS Axis

Lateral Leads: I, aVL, V5, V6
Septal leads: V1-V2
Anterior leads: V2-V4
Inferior leads: II, III, aVF

12-LEAD EKG MI PATTERN INTERPRETATIONS

Limb Leads		Precordial Leads			
I *high lateral	aVR	V1 *anterior septal	V4 anterior	V5 *lateral	V6 *lateral
II *inferior	aVL high lateral	V2 *anterior septal	V3 anterior		
III *inferior	aVF *inferior				

*Reciprocal changes are seen in acute MI

AV Blocks

First-Degree
Prolonged PR interval >0.2 seconds

Type I Second-Degree - Wenckebach
Progressive increase in PR interval until impulse is not conducted and dropped QRS

Type II Second-Degree - Mobitz II
Intermittent dropped QRS

Third-Degree - Complete block
No P waves produce a QRS response

GLASGOW COMA SCORE
A 15-point scale to predict mortality after traumatic head injury

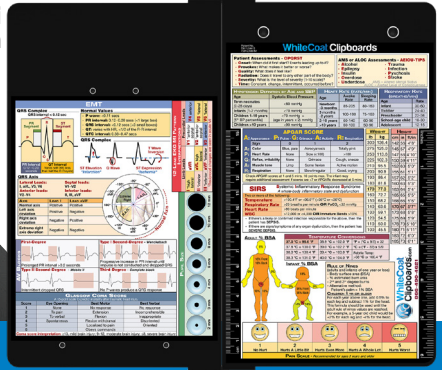
Score	Eye Opening	Best Motor	Best Verbal
1	None	No response	No response
2	To pain	Extension	Incomprehensible
3	To verbal	Flexion	Inappropriate
4	Spontaneous	Flexion withdrawal	Disoriented
5		Localized to pain	Oriented
6		Obeys commands	

Coma score interpretation: ≥13, mild brain injury; 9-12, moderate brain injury; ≤8, severe brain injury

PUPIL SIZE



Available Color Models:



Make your clipboard a quick medical reference guide with detailed day-to-day information specific for EMT professionals.

Features:

- Medical information on burns (rule of nines, body surface area)
- Pain scale
- Sepsis definitions
- Common labs and conversions
- Vital signs for infant to adults
- AV blocks
- ST elevation
- Pupil size

Standard Model [Color Model]-EMT

MSRP	10-49	50-99	100-249	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

Blackout Model 7024O-EMT

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

iPad Mini 2-3 Model [Color Model]-ISOM-EMT

iPad Mini 4 Model [Color Model]-ISOM4-EMT

MSRP	10-49	50-99	100+
\$39.99	\$34.00	\$32.00	\$30.00

iPad Mini Blackout 2-3 Model 7024O-ISOM-EMT

iPad Mini 4 Blackout Model 7024O-ISOM4-EMT

MSRP	10-49	50-99	100+
\$40.99	\$34.85	\$32.80	\$30.75

Physical Therapy WhiteCoat Clipboards

WhiteCoat Clipboards

NORMAL RANGE OF MOTION (ROM)

Joint	Motion	Normal Range	Muscles
Shoulder	Flexion	0-180	Deltoid
	Extension (hyper)	0-60	C5-C6
	Abduction	0-180	C7
	Medial rotation	0-70	Ext. carpi ulnaris
Elbow	Flexion	0-150	Elbow flexion
	Extension	0-30	Elbow extension
Wrist	Flexion	0-70	Ulnar deviation
	Extension	0-80	Ulnar deviation
	Radial deviation	0-20	Ulnar deviation
Thumb MCP	Flexion	0-50	Ulnar deviation
	Extension	0-80	Ulnar deviation
Thumb IP	Flexion	0-15	Ulnar deviation
	Extension	0-20	Ulnar deviation

MYOTOMES

Muscle	Myotome
Shoulder abduction	C5
Elbow flexion	C5-C6
Elbow extension	C7
Ulnar deviation	C8
Digit ab/adduction	T1
Hip flexion	L2-L3
Knee extension	L3-L4
Ankle dorsiflexion	L5
Great toe extension	L5
Plantar flexion	S1

Edema Scale - measured over tibia; note indentation (pitting), distance up leg

0 No edema
 1+ Minimal pitting - normal lower extremity contours
 2+ Moderate pitting (<5 mm) - fairly normal lower extremity contours
 3+ Deep pitting (5-10 mm) - lower extremity swelling
 4+ Very deep pitting (>1 cm) - severe lower extremity swelling

BORG RATE OF PERCEIVED EXERTION SCALE

Rating	Description
6	Very, very light
7	Very light
8	Light
9	Fairly light
10	Fairly light
11	Fairly light
12	Fairly light
13	Fairly light
14	Somewhat hard
15	Hard
16	Hard
17	Very Hard
18	Very Hard
19	Very, very hard
20	Maximal exertion

VITAL SIGN AVERAGES

Heart Rate: 60-100 bpm
 <60 = bradycardia
 >100 = tachycardia
 Pressure: 110/75-130/85
 Respiratory Rate: 12-20 breaths/min

LANDMARKS

L1: Mid upper thigh
 L2: Mid anterior thigh
 L3: Mid medial thigh
 L4: Medial calf
 L5: Dorsal 5th MTP joint
 S1: Lateral 5th digit
 S2: Popliteal fossa
 S3: Ischial tuberosity
 S4-S5: Perianal area

Includes Interior Label

Physical Therapy

NORMAL LAB VALUES

WBC	Hgb	Hct	Platelets	Na	K	Cl	HCO ₃	BUN	Cr	Glucose	Ca	ALT	AST	T Protein	Alb	Alk Phos
WBC: 4.5-11.0 x 10 ⁹ /µL	Hgb Male: 13.5-17.5 g/dL	Hgb Female: 12-16 g/dL	HCT Male: 41-49%	Na: 135-145 mEq/L	K: 3.5-5 mEq/L	Cl: 95-105 mEq/L	HCO ₃ : 22-29 mEq/L	BUN: 7-18 mg/dL	Cr: 0.6-1.2 mg/dL	Glucose: 70-110 mg/dL	Ca: 8.5-10.5 mg/dL	ALT: 0-35 IU/L	AST: 0-35 IU/L	T Protein: 6-8 g/dL	Alb: 3.5-6 g/dL	Alk Phos: 30-120 IU/L

DOCUMENTATION

Who	What	How	When	Why
The patient	will ambulate	for 100 ft with a FWW and mod assist on level ground	in 3 weeks	in order for community ambulation.

MANUAL MUSCLE TEST GRADING SCALE

Grading	Exam Findings
0	No visible or palpable contraction
1	Trace
2	Poor
3	Fair
4	Good
5	Normal

SPINAL CORD INJURY FUNCTION

C1-C3	C4	C5	C6	C7	C8-T1	T2-T6	T9-T12
Talking, chewing, sipping, blowing	Shoulder shrug, respiration	Head and neck control, elbow flexion, palmar supination	Palmar pronation, wrist extension, tenodesis grasp	Elbow extension, wrist flexion, finger extension	Full upper extremity use	Increased trunk control and respiration	Increased abdominal function and endurance

GLASGOW COMA SCALE (GCS)

Score	Eye Opening	Best Motor	Best Verbal
1	None	No response	No response
2	To pain	Extension	Incomprehensible
3	To verbal	Flexion	Inappropriate
4	Spontaneous	Flexion withdrawal	Disoriented
5	Spontaneous	Localized to pain	Oriented

BMI WEIGHT STATUS

<18.5	18.5-24.9	25.0-29.0	>30.0
Underweight	Normal	Overweight	Obese

PAIN SCALE

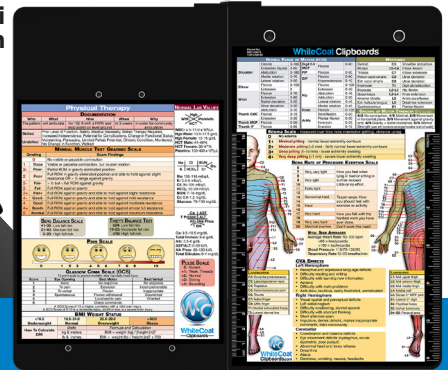
0 1 2 3 4 5 6 7 8 9 10



Available Color Models:



iPad Mini Version



Make your clipboard a quick medical reference guide with detailed day-to-day information specifically designed for physical therapists and all healthcare professionals with physical therapy patients.

Features:

- Pain scale
- Normal lab values
- Acid-base assessment
- Rancho Los Amigos Scale
- Dermatomes
- Modified Ashworth Scale
- Edema Scale
- Glasgow Coma Scale

Standard Model [Color Model]-PT

MSRP	10-49	50-99	100-249	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

Blackout Model 70240-PT

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

iPad Mini 2-3 Model [Color Model]-ISOM-PT
iPad Mini 4 Model [Color Model]-ISOM4-PT

MSRP	10-49	50-99	100+
\$39.99	\$34.00	\$32.00	\$30.00

iPad Mini Blackout 2-3 Model 70240-ISOM-PT
iPad Mini 4 Blackout Model 70240-ISOM4-PT

MSRP	10-49	50-99	100+
\$40.99	\$34.85	\$32.80	\$30.75

Dietitian WhiteCoat Clipboards



Available Color Models:



BMI Weight Status				Energy Metabolism (Estimating Energy Requirements kcal/day)			
<18.5	18.5-24.9	25-29.9	>30	Population	Equation	RQ <0.7	primarily fat break down
Underweight	Normal	Overweight	Obese	Gold Standard	Indirect Calorimetry RQ (VCO ₂ /VO ₂): can extrapolate substrate utilization of a patient from RQ. Caloric requirements can then be calculated using the Weir equation to determine Resting Energy Expenditure: REE (kcal/day) = [(3.94 x VO ₂) + (1.1 x VCO ₂)] x 1.44 kcal/day	RQ 0.8-1.0	protein or mixed substrate break down
BMI Calculation BMI = weight (kg) / (height (m)) ² or weight (lbs) / (height (in)) ² x 703 Ideal Body Weight (IBW) Men: 106 lbs for first 5 feet + 6 lbs for each inch over 5 feet Women: 100 lbs for first 5 feet + 5 lbs for each inch over 5 feet Subtract 2 lbs for each inch under 5 feet Adjusted Body Weight (ABW) ABW = [(actual weight - IBW) x 0.25] + IBW				Healthy	Mifflin-St.Jeor (1990, MSJ) Men: REE = 10 x weight(kg) + 6.25 x height(cm) - 5 x age(yrs) + 5 Women: REE = 10 x weight(kg) + 6.25 x height(cm) - 5 x age(yrs) - 161 Multiply the REE by an Activity Factor (AF) if needed, use a higher activity factor to correct for active individuals for Total Energy Expenditure (TEE) Harris Benedict Men: 13.75 x weight(kg) + 5 x height(cm) - 6.8 x age(yrs) + 66 Women: 1.8 x height(cm) + 9.6 x weight(kg) - 4.7 age(yrs) + 655 Use actual body weight unless patient is >125% IBW, then use ABW	RQ >1.0	primary carbohydrate utilization (can indicate overfeeding)
Amputee Adjustment Estimated Ideal Body Weight (IBW) ((100% - %amputated) / 100) x IBW for original height x 100 Entire leg: 16% Below the knee: 6.0% Foot: 1.5% Entire arm: 5% Forearm: 2.3% Frame Size Adjustment Large Frame: Add 10% to IBW Small Frame: Subtract 10% from IBW				Elderly (>60 yrs old)	BMI <30: Penn State (2003): 0.96(MSJ) + 167(Tmax) + 31(V _E) - 6212 BMI >30: Penn State (2010): 0.71(MSJ) + 85(Tmax) + 64(V _E) - 3085	Activity Factors	1-1.39 Sedentary 1.4-1.59 Low Active 1.6-1.89 Active 1.9-2.5 Very Active Obesity: yes = 1, no = 0 Trauma: yes = 1, no = 0 Burns: yes = 1, no = 0 Male: yes = 1, no = 0
Disability Adjustment Paraplegia: Subtract 5-10% from IBW Quadriplegia: Subtract 10-15% from IBW				ICU non-ventilated	Ireton-Jones (1992): 629 - 11 x age(yrs) + 25 x weight(kg) - 609 (obesity) (spontaneously breathing patients)		
				Ventilated	Ireton-Jones (1997): 1784 + 5 x weight(kg) - 11 x age(yrs) + 244 (male) + 239 (trauma) + 804 (burns) Faisy (2003): 8 x weight(kg) + 14 x height(cm) + 32(V _E) - 4834 (>24 hours, young obese)		
				Iron Studies Reference Units Conventional SI Male: 65-160 µg/dL 8.1-31.3 µMol/L Female: 30-170 µg/dL 5.4-31.3 µMol/L Iron-binding capacity Male: 22-300 µg/mL 22-300 µg/L Female: 12-150 µg/mL 12-150 µg/L		Disease Associated Iron Studies Disease Iron TIBC Ferritin Iron deficiency anemia Decreased Increased Decreased Anemia of chronic disease Decreased Decreased Increased Hemochromatosis Increased Normal Increased Chronic hemolysis Increased Decreased Increased Pregnancy Increased Increased Normal Sideroblastic anemia Increased Normal Increased	
Key: EER = Estimated Energy Requirement, REE = Resting Energy Expenditure, RQ = Respiratory Quotient, T = Temperature, Tmax = Max Temperature in previous 24 hrs (Celsius), VCO ₂ = Volume of Carbon Dioxide Production (mL/min), V _E = minute ventilation (L/min), VO ₂ = Volume of Oxygen Consumption (mL/min)							

WhiteCoat Clipboards.com		Tube Feeding (TF) Formulations						Oral Dietary Supplements									
866-490-4621		Standard		Specialty				Ensure [®] Compact		Ensure [®] Clear		Ensure [®] Enlive		Glucerna [®] Shake		Nepro [®]	
Medinfo Inc. © 2018		Jevity [®] 1.2 Cal	Osmolite [®] 1.2 Cal	2 Cal HN	Glucerna [®] 1.2 Cal	Vital AF 1.2 Cal	Pulmocare [®]	Nepro [®]	Suplena	4 oz (118 mL)	6.8 fl oz (200 mL)	8 fl oz (237 mL)	8 fl oz (237 mL)	8 fl oz (237 mL)	8 fl oz (237 mL)	8 fl oz (237 mL)	8 fl oz (237 mL)
Nutrient Values per 1000 mL Formula (unless noted)																	
kcal/mL	1.2	1.2	2	1.2	1.2	1.2	1.5	1.8	1.8	Total Calories	220	200	350	220	425	425	425
Carbohydrate (g)	169.4	157.5	218.5	114.5	110.6	105.7	161	196	196	Carbohydrate (g)	32	43	44	26	37.9	37.9	37.9
Fat (g)	39.3	39.3	90.5	60	53.9	93.3	96	96	96	Fat (g)	6	0	11	9	22.7	22.7	22.7
Protein (g)	55.5	55.5	83.5	60	75	62.6	81	45	45	Protein (g)	9	7	20	10	19.1	19.1	19.1
Fiber (g)	18	0	5	16	5.1	0	12.6	12.7	12.7	Fiber (g)	<1	0	3	3	3	3	3
Potassium (mg)	1850	1810	2440	2020	1688	1960	1060	1139	1139	Potassium (mg)	350	0	560	370	250	250	250
Sodium (mg)	1350	1340	1450	1110	1266	1310	1060	802	802	Sodium (mg)	170	30	240	210	250	250	250
Phosphorus (mg)	1200	1200	1050	800	844	1057	720	717	717	Phosphorus (mg)	200	0	350	250	170	170	170
Osmolality (mOsm/kg H ₂ O)	450	360	725	720	425	475	600	780	780	Composition may vary, check supplement label							
Free Water (mL/1 mL formula)	0.81	0.82	0.7	0.805	0.811	0.785	0.727	0.738	0.738	Composition may vary, check supplement label							
Malnutrition Severity Acute Illness/ Injury Chronic Illness Social/Environmental Clinical Characteristics Moderate Severe Moderate Severe Moderate Severe Energy Intake <75% EER for >7 days <50% EER for >5 days <75% EER for >1 month <75% EER for >1 month <75% EER for >3 months <50% EER for >1 month Weight Loss 1-2% x 1 week >2% x 1 week 5% x 1 month >5% x 1 month >5% x 1 month >5% x 1 month >7.5% x 3 months 5% x 1 month >5% x 1 month 7.5% x 3 months >7.5% x 3 months >7.5% x 3 months >7.5% x 3 months >7.5% x 3 months 7.5% x 3 months >7.5% x 3 months 10% x 6 months >10% x 6 months >10% x 6 months >10% x 6 months >10% x 6 months 20% x 12 months >20% x 12 months 20% x 12 months >20% x 12 months >20% x 12 months >20% x 12 months >20% x 12 months Loss of Subcutaneous Fat mild moderate mild severe mild severe Loss of Muscle Mass mild moderate mild severe mild severe Fluid Accumulation moderate to severe Reduced Hand Grip Strength N/A measurably reduced N/A measurably reduced N/A measurably reduced White et al. JAND. 2012; 112:730-738 At least 2 of 6 recommended for a diagnosis of malnutrition.																	
Fluid Accumulation (Pitting edema) Edema Grade Description Depth Refill Time 1- Mild 0-¼ inch <10 seconds 2+ Moderate ¼ - ½ inch 10-15 seconds 3+ Severe ½ - 1 inch 1-2 minutes 4+ Severe >1 inch >5 minutes Pitting Edema: Apply pressure with index finger to the shin (bony prominence) for ~5 seconds, release and examine for indentation Non-Pitting Edema: Skin is tight/firm, does not depress with pressure Dehydration: Skin turgor (tenting) - Pinch skin on back of hand/forearm, skin should return to a normal flat position within 3 seconds Capillary refill - Press fingernail until white, color should return within 3 seconds																	

Store all your nutritional calculations inside this folding WhiteCoat Clipboard with detailed information on tube feedings, oral dietary supplements, malnutrition severity scoring, BMI weight classifications, and amputee adjustments. Carry this clipboard everywhere to have a great medical reference specifically designed for dietitians and nutritional professionals.

- Features:**
- Tube Feeding (TF) Formulations
 - Malnutrition Severity
 - Oral Dietary Supplements
 - Total Parental Nutrition Components
 - Fluid Accumulation Scoring
 - Tube Feeding (TF) Formulations
 - Malnutrition Severity
 - Total Parental Nutrition Components

Standard Model [Color Model]-DIET

MSRP	10-49	50-99	100-249	250-500+
	\$25.95	\$22.06	\$20.76	\$19.47
			\$18.95	

Blackout Model 70240-DIET

MSRP	10-49	50-99	100+
	\$26.95	\$22.91	\$21.56
			\$20.22

Chemistry WhiteCoat Clipboards



Conversion Factors

Length	1 m	10 ³ A	39.370 in	3.28084 ft	6.21371·10 ⁻⁴ mi
Area	1 m ²	10 ⁴ cm ²	1550.0031 in ²	10.7639 ft ²	2.47105·10 ⁻⁴ acre
Volume	1 m ³	1000 L	6.10237·10 ³ in ³	264.172 gal (U.S.)	219.969 gal (Imp.)
Mass	1 kg	2.20462 lb _m	35.274 oz	1.10231·10 ³ ton	6.02204·10 ⁻⁴ U.S.
Density	1 g/cm ³	1000 kg/m ³	1000 g/L	62.4280 lb _m /ft ³	8.34541 lb _m /gal (U.S.)
Velocity	1 m/s	3.6 km/h	2.23697 ft/s	1.47828 mph	2.23694 mi/h
Force	1 kg·m/s ² (N)	10 ³ g·cm/s ² (dyn)	0.224809 lb _f	0.10197 kg	7.23301 lb _f /s ² (pdl)
Pressure	1 atm	101325 kg/m·s ² (Pa)	1.01325 bar	14.6959 lb _f /in ² (psi)	760 mm Hg
Energy	1 kJ/m ² (J)	9.4783·10 ⁸ Btu (IT)	0.23885 cal (IT)	0.737561 ft·lb _f	6.24145·10 ⁶ eV
Power	1 J/(s·W)	1 kg·m ² /s ³	3.4121 Btu/h	1.34102·10 ⁻³ hp	10 ³ erg/s
Specific Heat	1 kJ/kg·K	0.23885 cal/g·°C	0.13269 cal/g·°F	0.23885 Btu/lb·°F	185.863 ft·lb _f /lb·°F
Viscosity (Dynamic)	1 Pa·s	1 kg/m·s	1000 cp	0.671969 lb _f /ft·s	0.671969 pdl _f /ft ²
Viscosity (Kinematic)	1 m ² /s	10 ⁶ Stokes	10 ⁴ cm ² /s	10 ⁶ ft ² /s	1550.0031 in ² /s
Amount of Substance	1 kg·mol	1000 mol (g·mol)	10 ³ mmol	10 ³ μmol	2.20462 lb·mol
Concentration	1 wt%	0.01 mass fraction	10 ppt	10 ³ ppm	10 ³ ppb
Angular Measure	1°	m/180 rad (radians)	60'	3600"	1.1111 g
Time	1 h	60 min	3600 s	0.04167 d	5.52328·10 ³ wk
Luminance	1 cd/m ²	1.0194 candles/m ²	9.2903·10 ⁻³ cd/ft ²	0.29186 fL	10 ⁻³ sb
Illuminance	1 lx	1 lm/m ²	9.2903·10 ⁻³ lm/ft ²	9.2903·10 ⁻³ fc	10 ⁻³ phot
Absorbed Dose	1 Gy	1 J/kg	100 rad (rad)	10 ³ erg/g	6.24181·10 ⁻³ eV/g
Activity (Radioactive)	1 Bq	1 s ⁻¹ (disintegration/s)	2.7027·10 ⁻¹¹ Ci	2.7027·10 ⁻¹⁰ mCi	0.027027 GCi
Temperature	°C = 5/9(F-32)	°F = 9/5(C+32)		K = C+273.15	°R = F+459.67

Properties of Air & Water

Property	Range	Water	Air	Units
Molar Mass		18.015	28.966	g/mol
Density	20°C	998.23	1.204	kg/m ³
	100°C	958.38	0.9459	kg/m ³
Viscosity	20°C	1.005	0.0182	cp
	100°C	0.2818	0.0326	cp
Melting Point		100	-	°C
Boiling Point		0	-	°C
Specific Heat	0-100°C	4.22	1.01	kJ/kg·K
	0°C	0.569	0.0242	W/m·K
Thermal Conductivity	100°C	0.681	0.0316	W/m·K
ΔH Fusion		6.013	-	kJ/mol
ΔH Vaporization		40.627	-	kJ/mol
Vapor Pressure	20°C	2.338	-	kPa
	100°C	101.325	-	kPa
Dielectric Constant	18°C	81.07	1.0006	-
Prandtl Number	20°C	7.21	0.709	-

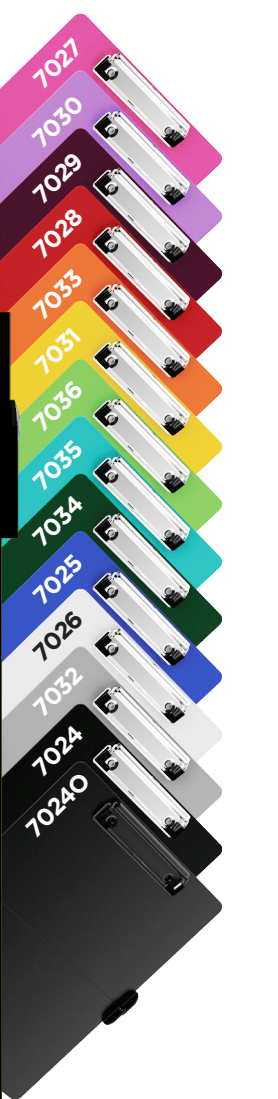
Chemical Structures

Alcohol	R—OH	Carbonyl	C=O
Acyl Halide	R—C(=O)—X	Carboxylic Acid	R—C(=O)—OH
Aldehyde	R—C(=O)—H	Ester	R—C(=O)—OR'
Alkene	R ₂ C=CR ₂	Ether	R—O—R'
Alkyne	R ₂ C≡CR ₂	Grignard	R—Mg—X
Alkyl Halide	R—X	Ketone	R—C(=O)—R'
Amide	R—C(=O)—NR ₂	Nitrile	R—CN
Amine (1°)	R—NH ₂	Nitro	R—NO ₂
		Thiol	R—SH

Physical Constants

Molar Gas Constant	R	8.31451 J/mol·K	Molar Volume of Ideal Gas (at STP: 0°C, 1 atm)	V _m	22.414 L/mol (= m ³ /kg-mol)
		8.31451 Pa·m ³ /mol·K	Elementary Charge	e	1.60218·10 ⁻¹⁹ C
		1.9875 cal/(J·mol·K)	Electron Mass	m _e	9.10939·10 ⁻³¹ kg
		1545.36 ft·lb _f /lb-mol·°R	Proton Mass	m _p	1.67262·10 ⁻²⁷ kg
		0.082058 L·atm/mol·°R	Neutron Mass	m _n	1.67493·10 ⁻²⁷ kg
		0.730244 ft ³ ·atm/lb-mol·°R	Deuteron Mass	m _d	3.34359·10 ⁻²⁷ kg
		10.7316 ft ³ ·psi/lb-mol·°R	Atomic Mass Constant	m _a	1.66054·10 ⁻²⁷ kg
		82.0578 cm ³ ·atm/mol·K			

Available Color Models:



Periodic Table of Elements

Atomic Weight, **Melting Point**, **Boiling Point**, **Density**, **Electronegativity**, **Electronic Configuration**

Group Classifications
 IA: Alkali Metals
 IIA: Alkaline Earth Metals
 IIIA-VIIIA: Representative Elements
 IB-VIIB: Transition Metals
 VIIIA: Noble Gases
 VIII: Iron Triads
 IX: Iron Triads
 X: Iron Triads
 XI: Iron Triads
 XII: Iron Triads
 XIII: Boron Group
 XIV: Carbon Group
 XV: Nitrogen Group
 XVI: Chalcogens
 XVII: Halogens
 XVIII: Noble Gases

- Melting points all values at standard pressure of 1 atm.
- Forgasses g/L, 1 atm.
- Elements with density measured at 0°Celsius. Two older group classification systems still in use today rely on an old coding scheme to categorize properties (i.e., IVA, VIIA, etc.). Because of the potential for confusion between these two systems, the IUPAC recommends the use of a 1-18 group classification system. Element coding: Black = Solid; Red = Gas; Blue = Liquid; Outline = Synthetically prepared.
- Indicates the mass number of the longest-lived isotope.

Square bracket atomic weights provide the lower and upper bounds for that element. No atomic weight values are listed for elements lacking isotopic abundance in natural terrestrial samples. The uncertainty in the last digit of the standard atomic weight value is listed in parentheses following the value. In the absence of parentheses, the uncertainty is one in that last digit.

1866-490-4621

Version Source: IUPAC May 2013, Royal Society of Chemistry 2015

Our WhiteCoat Clipboard Chemistry Edition is ideal for all laboratory environments to hold your experiments, equations, and notes. With a standard periodic table and standard equations you'll have it all with this folding patented clipboard. This clipboard is built to withstand the harshest laboratory environments with a strong sturdy design and chemical resistant informational labels to protect your investment and documents.

Features:

- Laminated scientific labels can withstand harsh cleaning chemicals
- Periodic table source: IUPAC, Royal Society of Chemistry 2015
- Standard equations and conversions

Standard Model [Color Model]-CHEM

MSRP	10-49	50-99	100-249	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

Blackout Model 7024O-CHEM

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

Dental WhiteCoat Clipboards



Available Color Models:



Permanent Dentition Numbering System
(viewed as if looking into the mouth)

Quadrant 1 Permanent Maxillary Right Quadrant			Quadrant 2 Permanent Maxillary Left Quadrant		
Name	UNS*	FDI*	Name	UNS*	FDI*
Upper Right Central Incisor	8	11	Upper Left Central Incisor	9	21
Upper Right Lateral Incisor	7	12	Upper Left Lateral Incisor	10	22
Upper Right Canine (Cuspid)	6	13	Upper Left Canine (Cuspid)	11	23
Upper Right First Premolar (Bicuspid)	5	14	Upper Left First Premolar (Bicuspid)	12	24
Upper Right Second Premolar (Bicuspid)	4	15	Upper Left Second Premolar (Bicuspid)	13	25
Upper Right First Molar	3	16	Upper Left First Molar	14	26
Upper Right Second Molar	2	17	Upper Left Second Molar	15	27
Upper Right Third Molar	1	18	Upper Left Third Molar	16	28

Quadrant 4 Permanent Mandibular Right Quadrant			Quadrant 3 Permanent Mandibular Left Quadrant		
Name	UNS*	FDI*	Name	UNS*	FDI*
Lower Right Third Molar	32	48	Lower Left Third Molar	17	38
Lower Right Second Molar	31	47	Lower Left Second Molar	18	37
Lower Right First Molar	30	46	Lower Left First Molar	19	36
Lower Right Second Premolar	29	45	Lower Left Second Premolar	20	35
Lower Right First Premolar	28	44	Lower Left First Premolar	21	34
Lower Right Canine (Cuspid)	27	43	Lower Left Canine (Cuspid)	22	33
Lower Right Lateral Incisor	26	42	Lower Left Lateral Incisor	23	32
Lower Right Central Incisor	25	41	Lower Left Central Incisor	24	31

Alternate Tooth Names:

- Cuspids: Canines
- Bicuspids: Premolars
- 6 Year Molar: First Permanent Molar
- 12 Year Molar: Second Permanent Molar
- Wisdom Teeth: Third Molars
- Anterior Teeth: The teeth in the front of the mouth including Central Incisors, Lateral Incisors, and Canines
- Posterior Teeth: The teeth in the back of the mouth including Premolars and Molars
- Mandibular Teeth: The teeth on the lower jaw
- Maxillary Teeth: The teeth on the upper jaw

WhiteCoat Clipboards

Permanent Dentition - RIGHT | Permanent Dentition - LEFT

Primary Dentition Numbering System
(viewed as if looking into the mouth)

Quadrant 1 Primary Maxillary Right Quadrant			Quadrant 2 Primary Maxillary Left Quadrant			Erupt (Months)	Shed (Years)
Name	UNS	FDI	Name	UNS	FDI		
Upper Right Central Incisor	E	51	Upper Left Central Incisor	F	61	8-12	6-7
Upper Right Lateral Incisor	D	52	Upper Left Lateral Incisor	G	62	9-13	7-8
Upper Right Canine	C	53	Upper Left Canine	H	63	16-22	10-12
Upper Right First Molar	B	54	Upper Left First Molar	I	64	13-19	9-11
Upper Right Second Molar	A	55	Upper Left Second Molar	J	65	25-33	10-12

Quadrant 4 Primary Mandibular Right Quadrant			Quadrant 3 Primary Mandibular Left Quadrant			Erupt (Months)	Shed (Years)
Name	UNS	FDI	Name	UNS	FDI		
Lower Right Second Molar	T	85	Lower Left Second Molar	K	75	23-31	10-12
Lower Right First Molar	S	84	Lower Left First Molar	L	74	14-18	9-11
Lower Right Canine	R	83	Lower Left Canine	M	73	17-23	9-12
Lower Right Lateral Incisor	Q	82	Lower Left Lateral Incisor	N	72	10-16	7-8
Lower Right Central Incisor	P	81	Lower Left Central Incisor	O	71	6-10	6-7

Our WhiteCoat Clipboard Dental Edition is ideal for the dental community containing anatomical locations of daily referenced teeth. The Dental WhiteCoat Clipboard is used by professionals not only to reference locations, but to supply visual detail for dental patients.

Features:

- Laminated labels can withstand harsh cleaning chemicals
- Metric and Standard Rulers

Standard Model [Color Model]-DENT

MSRP	10-49	50-99	100-250	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

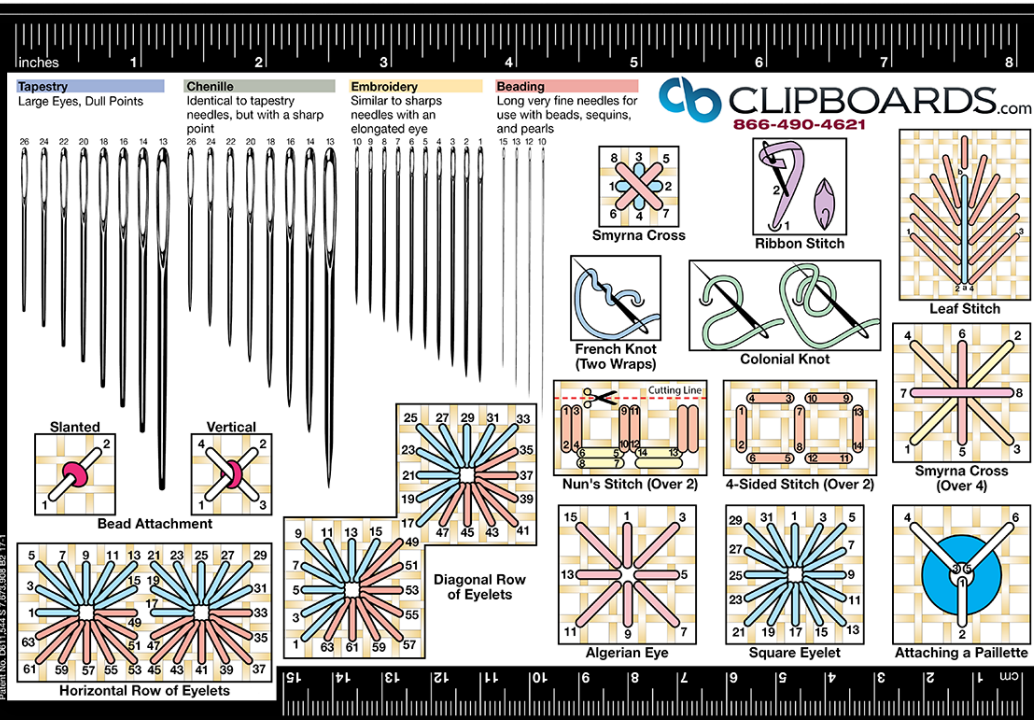
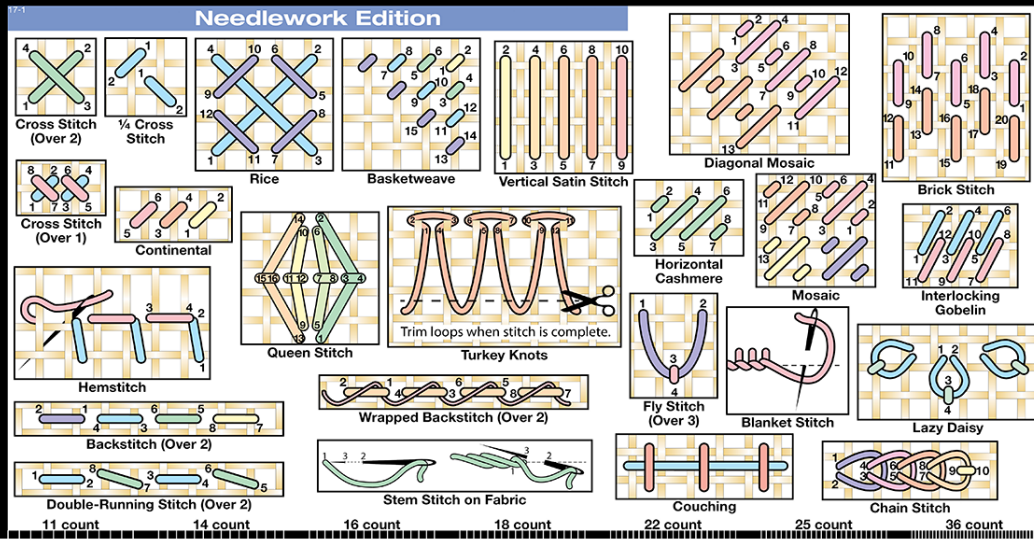
Blackout Model 70240-DENT

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

Needlework ISO Clipboards



Available Color Models:



Our ISO Needlework Clipboard features a full outside label with 37 stitch diagrams, 4 needle size guides, a thread count ruler, as well as 6 inch and 15 centimeter rulers to guide you as you stitch.

Features:

- Laminated labels can withstand harsh cleaning chemicals
- Metric and Standard Rulers

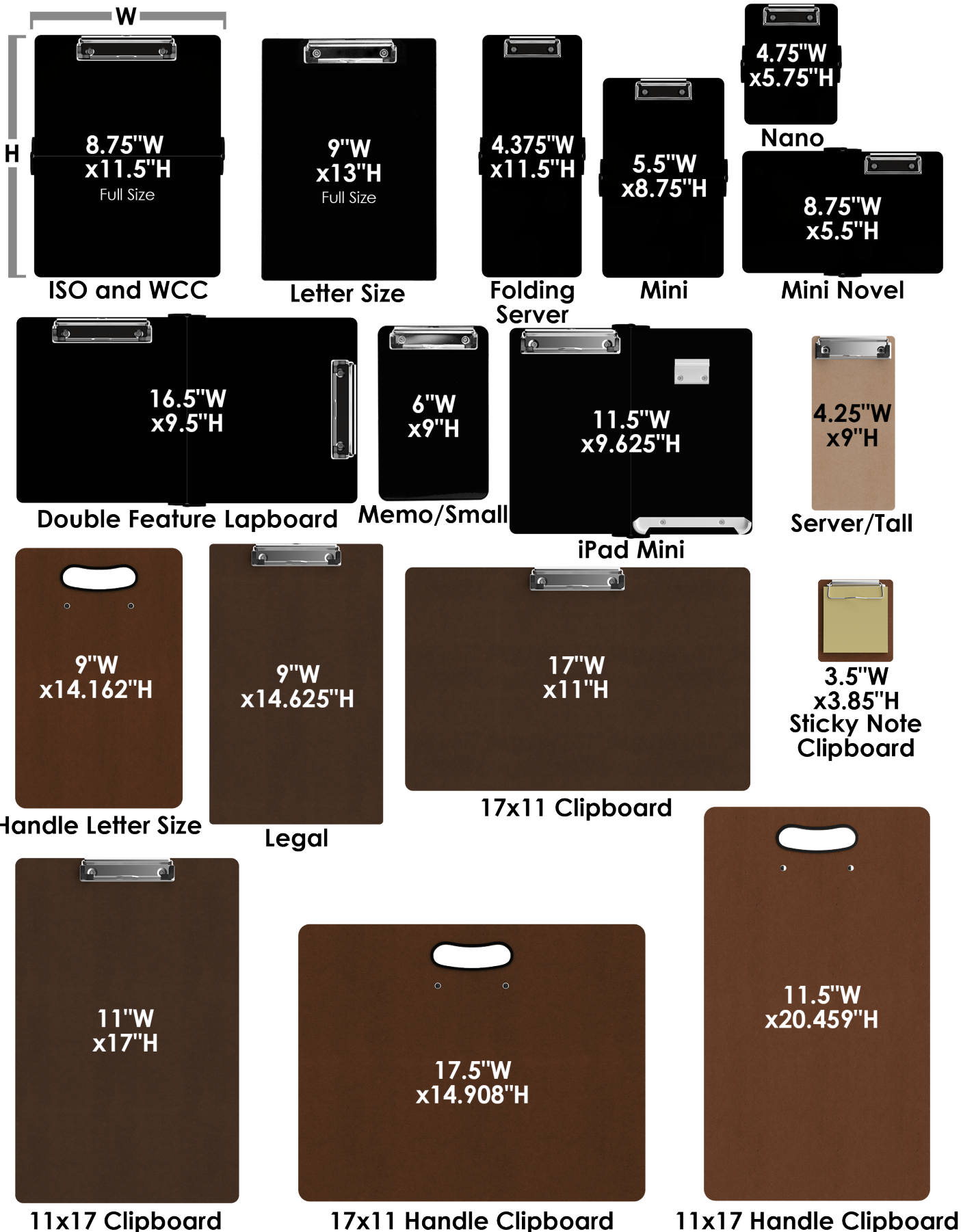
Standard Model **[Color Model]-NEED**
Steel Model for use with Magnets **[Color Model]-NEEDS**

MSRP	10-49	50-99	100-249	250-500+
\$25.95	\$22.06	\$20.76	\$19.47	\$18.95

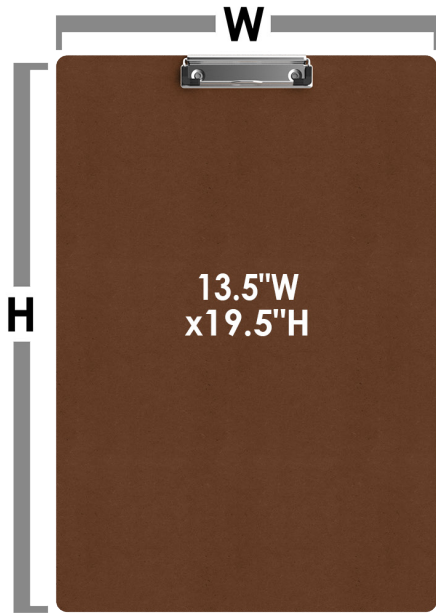
Blackout Model **70240-NEED**
Steel Blackout Model **70240-NEEDS**

MSRP	10-49	50-99	100+
\$26.95	\$22.91	\$21.56	\$20.22

CLIPBOARD SIZE COMPARISON



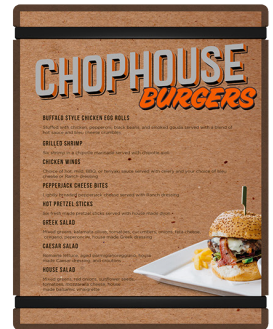
CLIPBOARD SIZE COMPARISON CONT.



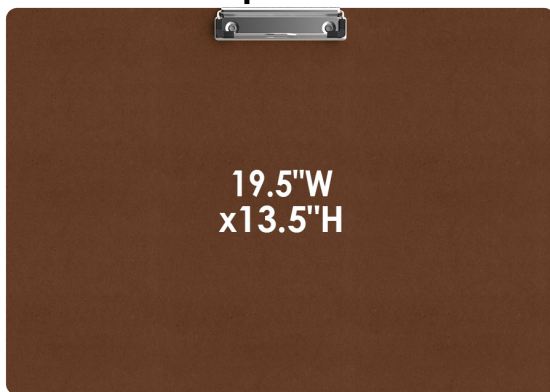
13x19 Clipboard



18x24 Clipboard



9"W x 11"H
Menu Board



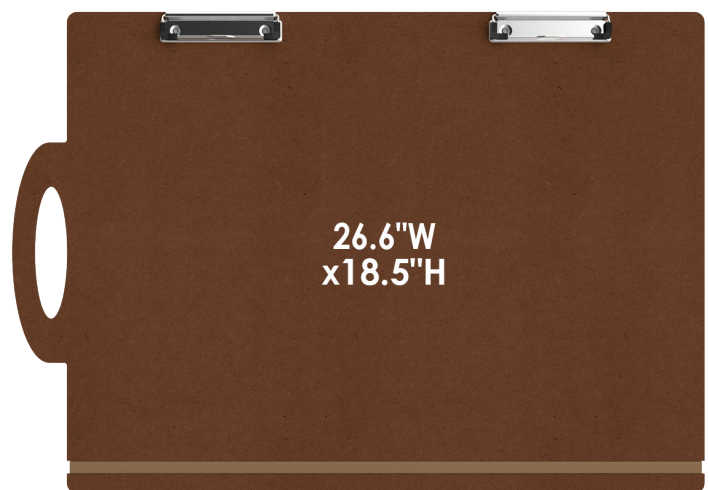
19x13 Clipboard



24x18 Clipboard

















Vertical Artist Clipboard



Horizontal Artist Clipboard

Notepads

All of our notepads come standard with 50 sheets of ruled paper custom fitted to every one of our clipboard models.

Image	Size	Model Number	Fits Clipboard Model	Pack Size	Price Breakdown			
					MSRP	10-49	50-99	100+
	8 x 5	Ruled: N328 Blank: NB328	Standard size ISO and standard size Whitecoat Clipboards	1 Notepad	\$1.99	\$1.70	\$1.60	\$1.50
				2 Pack	\$3.25	\$2.77	\$2.60	\$2.44
				5 Pack	\$6.49	\$5.52	\$5.20	\$4.87
				10 Pack	\$11.99	\$10.20	\$9.60	\$9.00
	8.5 x 11	N323	Letter Size Clipboard and the 9 x 12 Aluminum Clipboard	1 Notepad	\$2.49	\$2.12	\$2.00	\$1.87
				2 Pack	\$4.49	\$3.82	\$3.60	\$3.37
				5 Pack	\$8.99	\$7.65	\$7.20	\$6.75
				10 Pack	\$15.49	\$13.17	\$12.40	\$11.62
	7 x 7	N322	Double Feature Clipboard	1 Notepad	\$3.75	\$3.19	\$3.00	\$2.82
				2 Pack	\$6.49	\$5.52	\$5.20	\$4.87
				5 Pack	\$13.99	\$11.90	\$11.20	\$10.50
				10 Pack	\$26.99	\$22.95	\$21.60	\$20.25
	5 x 8	N325	Folding Memo Clipboard and the Memo Size Clipboard	1 Notepad	\$2.25	\$1.92	\$1.80	\$1.69
				2 Pack	\$3.99	\$3.40	\$3.20	\$3.00
				5 Pack	\$7.99	\$6.80	\$6.40	\$6.00
				10 Pack	\$13.99	\$11.90	\$11.20	\$10.50
	5 x 8.75	N327	6 x 10 Aluminum Clipboard and the iPad Mini Clipboards	1 Notepad	\$3.49	\$2.97	\$2.80	\$2.62
				2 Pack	\$4.99	\$4.25	\$4.00	\$3.75
				5 Pack	\$11.49	\$9.77	\$9.20	\$9.00
				10 Pack	\$20.49	\$17.42	\$16.40	\$15.37
	5 x 7.25	N326	5 x 8 Aluminum Clipboard	1 Notepad	\$2.99	\$2.55	\$2.40	\$2.25
				2 Pack	\$5.25	\$4.47	\$4.20	\$3.94
				5 Pack	\$9.99	\$8.50	\$8.00	\$7.50
				10 Pack	\$18.99	\$16.15	\$15.20	\$14.25
	5 x 3.75	N321	Mini Clipboard	1 Notepad	\$2.99	\$2.55	\$2.40	\$2.25
				2 Pack	\$4.99	\$4.25	\$4.00	\$3.75
				5 Pack	\$11.50	\$9.78	\$9.20	\$8.63
				10 Pack	\$22.99	\$19.55	\$18.40	\$17.25
	4 x 4.75	N324	Folding Server and the Mini Novel Clipboard	1 Notepad	\$2.49	\$2.12	\$2.00	\$1.87
				2 Pack	\$4.49	\$3.82	\$3.60	\$3.37
				5 Pack	\$8.99	\$7.65	\$7.20	\$6.75
				10 Pack	\$15.49	\$13.17	\$12.40	\$11.62
	4 x 2.25	N320	Nano Clipboard	1 Notepad	\$2.49	\$2.12	\$2.00	\$1.87
				2 Pack	\$4.49	\$3.82	\$3.60	\$3.37
				5 Pack	\$8.99	\$7.65	\$7.20	\$6.75
				10 Pack	\$15.49	\$13.17	\$12.40	\$11.62
	3.5 x 10.25	N331	Vertical ISO and WhiteCoat Clipboards	1 Notepad	\$1.99	\$1.70	\$1.60	\$1.50
				2 Pack	\$2.99	\$2.55	\$2.40	\$2.25
				5 Pack	\$6.49	\$5.52	\$5.20	\$4.87
				10 Pack	\$11.99	\$10.20	\$9.60	\$9.00
	3.75 x 8.25	N332	Server Clipboard	1 Notepad	\$2.49	\$2.12	\$2.00	\$1.87
				2 Pack	\$4.49	\$3.82	\$3.60	\$3.37
				5 Pack	\$8.99	\$7.65	\$7.20	\$6.75
				10 Pack	\$15.49	\$13.17	\$12.40	\$11.62
	10.5 x 16.5	Ruled: N334 Blank: NB334	Vertical Ledger 11 x 17 MDF Clipboard	1 Notepad	\$4.99	\$4.25	\$4.00	\$3.75
				2 Pack	\$9.99	\$8.50	\$8.00	\$7.50
				5 Pack	\$17.99	\$15.30	\$14.40	\$13.50
				10 Pack	\$33.99	\$28.90	\$27.20	\$25.50
	16.5 x 10.5	Ruled: N333 Blank: NB333	Horizontal Ledger 17 x 11 MDF Clipboard	1 Notepad	\$4.99	\$4.25	\$4.00	\$3.75
				2 Pack	\$9.99	\$8.50	\$8.00	\$7.50
				5 Pack	\$17.99	\$15.30	\$14.40	\$13.50
				10 Pack	\$33.99	\$28.90	\$27.20	\$25.50
	14 X 8.5	N335	Legal Clipboard	1 Notepad	\$3.99	\$3.40	\$3.20	\$3.00
				2 Pack	\$7.49	\$6.37	\$6.00	\$5.62
				5 Pack	\$16.99	\$14.45	\$13.60	\$12.74
				10 Pack	\$32.99	\$28.05	\$26.40	\$24.75



1



2



3

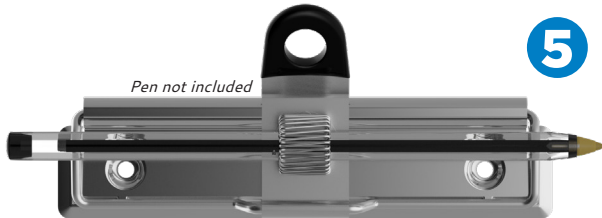


4



5

Pen not included



6



7



8



9



1 120mm Clipboard Clip

This 120mm x 30mm clipboard clip is made of lightweight nickel plated steel to attach to any board or clipboard. Plastic corner grips are included to hold your documents in place.

Fits clipboards with 87 mm center hole distance (4mm rivets for attachment can be ordered separately).

	Model 9000		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

2 120mm Clipboard Clip w/ Hanger Tag

Identical to the 120mm Clip but includes a tag for vertical hanging that stows when not in use.

	Model 9001		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

3 120mm Black Clipboard Clip

Identical to the 120mm Clip but is powder coated satin black.

	Model 9002		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

4 120mm Checkered Clipboard Clip

Identical to the 120mm Clip but has a stamped checkered texture.

	Model 9003		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

5 120mm Clipboard Clip w/ Pen Holder

This clip has a unique thumb press opener with hanger hole and a flexible, expandable pen holder.

	Model 9008		
MSRP	10-49	50-99	100+
\$2.25	\$1.92	\$1.80	\$1.69

6 100mm Clipboard Clip

This 100mm x 30mm clip fits clipboards with 63mm center holes.

	Model 9004		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

7 80mm Clipboard Clip

This 80mm x 32mm clip fits clipboards with 52mm center holes.

	Model 9007		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

8 72mm Clipboard Clip

This 72mm x 30mm clip fits clipboards with 40mm center holes.

	Model 9006		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

9 70mm Clipboard Clip

This 70mm x 26mm clip fits clipboards with 46mm center holes.

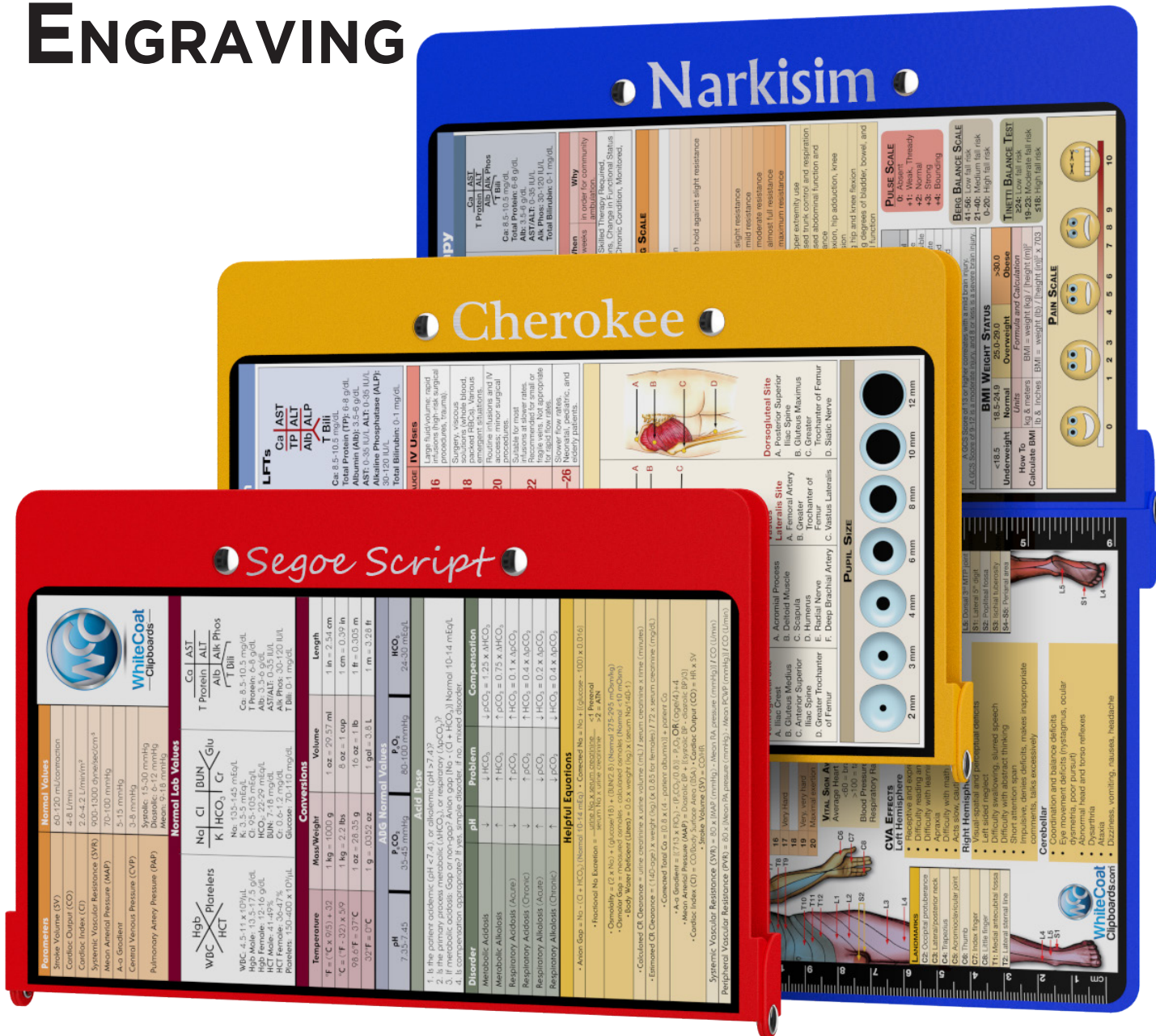
	Model 9011		
MSRP	10-49	50-99	100+
\$1.99	\$1.70	\$1.60	\$1.50

PACKAGING AND DISPLAYS

Clipboards.com offers a variety of ways to display and package its products. Freestanding and table top displays are available in a variety of sizes and configurations. Contact us with any packaging or display questions or to determine how our products will look in your store.



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Quantity	Item #/Description	Unit Price	Optional Engraving	Line Total
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